

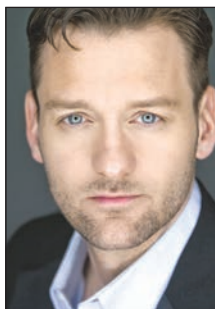


The Best Of Opera And Broadway

New York City opera artist Glenn Seven Allen returns to Southwest Florida from January 25 to 30 with hit songs from great operas and classic Broadway shows like *My Fair Lady*, *La traviata* and *The Mikado*. He has received critical acclaim on theater, opera and concert stages throughout the United States as a consummate singing actor, lauded for his dynamic interpretations of heroes and leading men.

Opera Meets Broadway community concerts will be held at The Gulf Theater in Punta Gorda on Tuesday, January 25 at 7 p.m.; Sidney & Berne Davis Art Center in Fort Myers on Thursday, January 27 at 7 p.m.; Grey Oaks Country Club (concert and dinner) on Saturday, January 29 at 6 p.m.; and The Community House on Sanibel on Sunday, January 30 at 4 p.m.

Allen was hailed by *Opera News* as an "Edwardian matinee idol, giving by far the most detailed dramatic performance." In past seasons, Allen starred as Jack Twist in *Brokeback Mountain* with New York City Opera and subsequently returned as Freddy in *Dear Erich*. He also performed



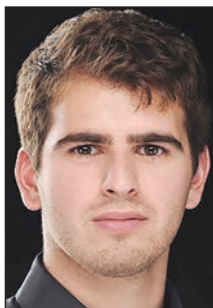
Glenn Seven Allen



Jacquelynne Fontaine

as Lt. Cable in *South Pacific* with Annapolis Opera, as Will in *Middlemarch* in *Spring* with Ash Lawn Opera, a benefit concert of *Candide* at Carnegie Hall and in New York City Opera's production of *Candide*.

Allen will be joined by soprano Jacquelynne Fontaine, who was hailed "elegantissima piena di passione (full of passion)" for her portrayal of Donna Anna



Geoffrey Loff

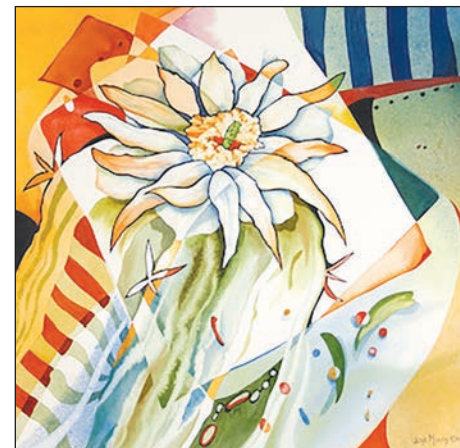
continued on page 10

Artist Workshop At Beach Gallery

The Fort Myers Beach Art Association (FMBAA) will feature a demonstration with artist Joye Moon, who will share her watercolor techniques on Sunday, January 16 at 4 p.m. Attendance fee is \$10.

Moon is also offering the Famous Artist Workshop for advanced beginner/intermediate watercolorists from Monday to Wednesday, January 17 to 19. Cost is \$350 for members and \$390 for nonmembers. The workshop will explore traditional and experimental watercolor techniques that can be incorporated into your individual style of painting. This workshop will be dedicated to one painting using a unique way to design and abstract a flower. Students will paint a traditional flower or cactus but will complete the painting using different substances such as salt, gauze, watercolor pencils, black paint and spray paint. A major focus will be in design and creativity.

To register, visit www.fortmyersbeachart.com/wp-content/uploads/Workshop-Registration-Form.pdf. Janine Lakatos is the Artist of the



Artwork from Joye Moon's previous demonstration and Famous Artist Workshop image provided

Month at Shucker's Galleria. Her work will be on view in the indoor dining room until January 31. All artwork is for sale. Shucker's is located at 1250 Estero Boulevard on Fort Myers Beach.

Fort Myers Beach Art Association gallery is located at 3030 Shell Mound Boulevard. For more information, email publicity@fortmyersbeachart.com, visit www.fortmyersbeachart.com, call 463-3909 or stop by the gallery from 10 a.m. to 3 p.m. Monday through Saturday.*



From left, Loren Stone as Cosmo Brown, Shannon Conboy as Kathy Selden and Alex Fullerton as Don Lockwood photo provided

A Song And Dance Classic

by Di Saggau

Singin' in the Rain, now playing at Broadway Palm, is based on the memorable 1952 MGM film starring Gene Kelly, Donald O'Connor and Debbie Reynolds. It's set in 1927, Hollywood's dying days of silent movies.

Don Lockwood (Alex Fullerton) has no

qualms about transitioning to the "talkies," but his co-star Lina Lamont (Alexandra Nicole Garcia) doesn't stand much of a chance. She doesn't sing well and her high pitched mangled vowels could shatter glass, not to mention nerves. Her performance provides much of the comic relief in the show. She is consistently funny.

Lockwood's side-kick Cosmo Brown (Loren Stone) suggests that his partner's new love interest, Kathy Selden (Shannon

continued on page 8

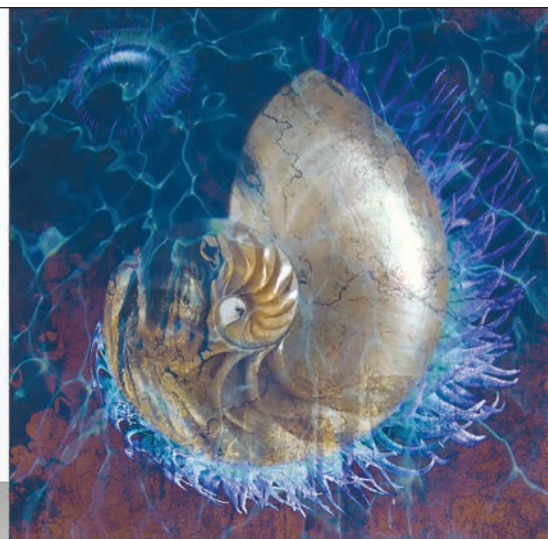
New Exhibit Explores State Of Being



Artwork by Alice Kiderman and Carol Coates

Alliance for the Arts is offering a States of Being Exhibition featuring two artists – Carol Coates and Alice Kiderman – in its gallery through Saturday, January 29. Gallery hours are 9 a.m. to 5 p.m. Monday through Friday and Saturday from 9 a.m. to 1 p.m. during the weekly farmer's market.

Coates' work is centered on issues of perception and choice. Her abstract pieces are visual tone poems. She uses surreal, classical, minimal and abstract imagery to communicate. While the work



images courtesy www.artinlee.org

varies in style, the content and aesthetics are constant. It can be poetic and dead serious or quirky and laced with humor. It is all from one heart and one mind.

Coates hopes to evoke an emotional and empathic response from the viewer. Finally, she hopes to provoke thought and promote greater wisdom and justice.

Kiderman creates work that is a blend of the realistic and the abstract in shape, though she believes that the abstract is just an extension of the surrounding world.

continued on page 16

Historic Downtown Fort Myers, Then And Now:

Shoes And A Show



by Gerri Reaves, PhD

This circa-1969 photo shows one of downtown’s signature structures during a dark period. After nearly three decades of delighting Fort Myers with motion pictures and even some live entertainment, the Edison Theatre on the northeast corner of Hendry and Main was closed.

No movie posters advertising current and upcoming attractions, no one in the glass ticket booth, and not a showgoer in sight.

Like many traditional downtowns across the nation, Fort Myers was entering hard times. Nationally, a number of forces coalesced to kill downtowns, perhaps chief among them the shopping mall, which drew businesses and customers to the suburbs.

In Fort Myers, businesses set up shop on the west side of town at Boulevard Square, which began to open in late 1959, moved to ever-growing South Fort Myers, or fled to the Edison Mall, which opened in the mid-1960s.

The Edison had a long run as a movie theater, opening on the eve of World War II – September 1941 – with a double feature, *Charlie Chan in Rio* and *Mystery Ship*.

Built in the Moderne style with Art Deco influence, the theater has long been memorable for pastel colors, geometric accents and classy neon lights that inspire nighttime photographers.

In contrast to the dark theater, the Shoe Fair shoe store across Main Street (right) tells a different story, for it’s one of the stores that weathered the economic downturn better. The long-running store had recently moved to that location after Leeds Shoe Store vacated that building that had first opened in 1949 as the ultra-modern Thrifty Drugs.

It was an easy relocation, as they go, for Shoe Fair only had to move diagonally



Circa 1969, the Edison Theatre was briefly closed photo courtesy Florida State Archives



Today, the building remains a signature structure in the historic district photo by Gerri Reaves

from the former Lee County Bank on the northwest corner. It advertised as a self-service shoe store, something a bit different for the time, and stayed open until 9 p.m.

The Edison didn’t stay closed for long. Oddly enough, it was saved by another theater that had also opened in 1941 just half a block away on Main, the Lee Theatre.

The Lee closed in 1969 but soon moved into the Edison after it was remodeled, keeping the name it still bears.

The Edison Theatre building remains one of the most appreciated and recognizable historic structures in the business district, not only for the style but for the pink and aqua colors that set it apart from the ubiquitous drab colors of its neighbors.

Today, it is home to offices and a bank, and the glass ticket booth has been removed. But if you want a reminder of the building’s grand movie theater days, visit the lobby to see classic posters.

As for Shoe Fair, in early 1980s, it became a shoe factory outlet and moved to First Street, taking a new catchy name, Little Red Shoe House.

Most recently, the former shoe store location shown in the historic photo was a law office.

Walk down Hendry and Main to see the latest incarnations of two mainstays at Hendry and Main.

Then visit the following research centers to learn more about the many downtown movie theaters that thrilled the town.

The Southwest Florida Historical Society is an all-volunteer, nonprofit organization open Wednesday and Saturday between 9 a.m. and noon. It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park. Call 332-8778 for the hours or visit www.leecountyblackhistorysociety.org.

Visit the IMAG History & Science Center at 2000 Cranford Avenue or at www.theimag.org.

Sources: Archives of the Southwest Florida Historical Society, *The News-Press* and *Historic Fort Myers* by Prudy Taylor Board and Esther B. Colcord.✧

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THE RIVER
WEEKLY NEWS
FROM THE BEACHES TO DOWNTOWN FORT MYERS



Children are elated after receiving presents

photos provided

Christmas Parties And Toy Drives Benefit Kids

The Boys & Girls Clubs of Lee County (BGCLC) extends gratitude to local organizations that adopted a club to give its children a Christmas party. These organizations include FineMark National Bank & Trust, LandRover/Jaguar Fort Myers, Ocean Church and Target. Every child filled out a Christmas wish list and those items along with their

name and age were put on a gift tag and given to the organization that adopted the club. On the designated party day, the companies hosted a Christmas party with fun activities and wrapped gifts for each child.

FineMark National Bank & Trust adopted the Pueblo Bonito club in Bonita Springs. Executive Vice President Harlan Parrish and a number of his staff members handed each child a gift on their wish list as well as participated in activities that included an inside snowball fight. Afterwards, they surprised each child with a \$50 bill to purchase presents for themselves or their families. When

asked, most of the kids stated they were going to use the money to purchase gifts for their parents and siblings.

LandRover/Jaguar Fort Myers invited members of the Suncoast club in North Fort Myers to its dealership. The kids were treated to homemade gelato and other sweets, and were given a chance to speak and take photos with Santa visiting from the North Pole. After handing out the gifts with Santa, General Manager Brian Del Negro presented the club with a check for \$2,500 to purchase needed materials. When the children opened their gifts, many screamed out, "This is what I wanted!" One little 6-year-old girl went around to a number of the staff members and thanked them for her gift.

Target stores across Lee County adopted the club in Renaissance Preserve. Santa and his elves were also in attendance to help pass out gifts. The kids were shocked when Santa walked in the door and couldn't wait to meet him in person. After opening their gifts, they went up to Santa and thanked him personally for remembering them at Christmastime.

Ocean Church adopted the club in Lehigh Acres. Members of the church came together to support kids and made it a party. They brought games, music, food and two bounce houses for the kids to enjoy. Each child was surprised with a gift from their list.

Additional organizations donated unwrapped toys to a toy drive. Sherwin Williams, DG Pavement Solutions, Hertz Corporation, SWFL Apartment

Association, Toys For Tots, Colony Bay Club, Planet Fitness and Portico donated almost 1,000 toys, and BGCLC was able to host an Evening of Giving. Toys categorized by age groups were displayed by volunteers and BGCLC staff members at the Lee County Sheriff's Office departments in Lehigh. Parents of club members were invited to "shop for free" and pick up items that their kids would like to have under the tree.

Officials from the Boys & Girls Clubs of Lee County stated every participating business said they can't wait to do it again next year and how they loved the experience of seeing how they were impacting the lives of children in the community.

To learn more about the Boys & Girls Club of Lee County, or how to help, visit us at www.bgcllee.org or call 334-1886.✱

Dean's List

David Larosa and Nolan Reese, both of Fort Myers, were named to the dean's list for the fall 2021 semester at Marietta College in Marietta, Ohio.

Larosa is majoring in petroleum engineering and is a graduate of Fort Myers High School. Reese is majoring in petroleum engineering and is a graduate of Ashwaubenon High School in Wisconsin.

Dean's List students must complete at least 15 credit hours with a grade point average between 3.5 and 3.74 during the semester.✱

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Fort Myers Art:

Laugh And Cry With Fort Myers Theatre Play



by Tom Hall

Steel Magnolias continues to be featured at Fort Myers Theatre, running through Sunday, January 23. The action is set in Truvy's beauty salon in Chinquapin,

Louisiana, where all the ladies who are "anybody" come to have their hair done. Helped by her eager new "glamour technician" assistant, Annelle (who is not sure whether or not she is still married), the outspoken, wise-cracking Truvy dispenses shampoos and free advice to patrons and a close-knit circle of friends whose lives come together there. Included in the latter group are intelligent and compassionate career woman M'Lynn and her daughter Shelby, sour-tempered Ouiser Boudreaux and recently widowed Clairee Belcher, former first lady of Chinquapin.

Shelby's engagement is the talk of the town, but the joy and excitement of her wedding quickly turn to concern as she faces a risky pregnancy and a myriad of



Cast members of *Steel Magnolias*

health complications. Eventually, when Shelby dies from complications related to her diabetes, M'Lynn has to deal with the most difficult of life's challenges: the loss of one's only child. As the women of Chinquapin make their way over life's many hurdles together, they find comfort (and a fair amount of verbal ribbing) in one another.

Filled with humor and heartbreak, these "steel magnolias" make us laugh and cry as the realities of their lives in tiny Chiquapin Parish unfold.

Performances will be held at 7 p.m.

photo courtesy www.artswfl.com

Fridays and Saturdays, January 14, 15, 21 and 22, and at 2 p.m. Sundays with matinees on January 16 and 23.

Tickets are \$20 per person. Call the theater for a full explanation of the COVID-19 precautions and protocols before deciding to attend a performance.

Fort Myers Theatre is located at 16120 San Carlos Boulevard, Unit 5, in Fort Myers. For more information, visit www.ftmyerstheatre.com. For tickets, visit www.simplerix.com/e/steel-magnolias-tickets-79122.

Theater Returns Original Cast From 2019 Production of Play

Nunsense for Nunsense 2: The Second Coming opened at Cultural Park Theatre on January 13 and performances run through Sunday, January 23. The story takes place six weeks after the sisters have staged their first benefit. The sisters are back presenting a "thank-you" show for all the people who supported them in the past. But now, they're a bit slicker, having been "bitten by the theater bug." Things get off to a rousing start as the sisters sing *Nunsense, the Magic Word* but before long, chaos erupts. Two Franciscans come to claim Sister Mary Amnesia (who has won the Publishers Clearing House Sweepstakes) as one of their own. At the same time, the nuns hear that a talent scout is in the audience to see them strut their stuff. From the riotous bingo game run by Sister Amnesia to the hilarious duet *What Would Elvis Do?* to the rousing finale *There's Only One Way to End Your Prayers* and *That's to Say Amen!*, this show will have you rolling in the aisles.

And as a special perk, bingo cards will be handed out as patrons enter the theater to participate in Sister Amnesia's bingo game. Who will win? You'll have to play to find out.

Tickets are \$29 for adults, \$27 for seniors, \$20 for students and \$10 for children younger than age 10.

Cultural Park Theatre is located at 528 Cultural Park Boulevard in Cape Coral. For more information or tickets, call 772-5852 or visit www.culturalparktheater.com.

Tom Hall is both an amateur artist

and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.✪

Lab Theater Postponement

The Southwest Florida premiere of *Killer Joe* by Tracy Letts at The Laboratory Theater of Florida has been postponed to Friday, January 21, maintaining its run through February 5.

With the rapid increase of COVID-19 due to the Omicron variant, the theater decided to push back the opening of the show. The theater will continue all safety procedures including maintaining socially distant seating and requiring everyone to properly wear their masks while at the theater.

Killer Joe is a dark comedy that follows a dysfunctional Texas family that hires a hitman to kill a relative with a sizable life insurance policy.

The Laboratory Theater of Florida is located at 1634 Woodford Avenue in Fort Myers. For more information and tickets, call the box office at 218-0481 or visit www.laboratorytheaterflorida.com.✪

Linear Park Trailhead Open

The new trailhead at the southern end of John Yarbrough Park near Ben C. Pratt/Six Mile Cypress Parkway is now open.

The new amenities at the trailhead include: paved parking, including ADA-compliant parking; restrooms; picnic pavilions; and bike repair stations.

Visit the Lee County YouTube channel at <https://youtu.be/TF9Bwl0N6BE> for a preview of the new amenities at the park.

The park opened to the public in 2005 and stretches for 4.8 miles between Colonial Boulevard and Ben C. Pratt/Six Mile Cypress Parkway along the 10 Mile Canal. It is a popular spot for walking, hiking, jogging, rollerblading, bicycling, fishing, birding and picnicking. It is dog friendly for dogs on leashes.

For more information about Lee County Parks & Recreation locations, amenities and other special events, visit www.leeparks.org, call 533-7275 or email leeparks@leegov.com.✪

White Elephant Sale On Saturday

Palmetto Palms RV Resort will host a Craft and White Elephant Sale on Saturday, January 15 from 8 a.m. to noon. Coffee and doughnuts will be available.

Palmetto Palms RV Resort is located at 19681 Summerlin Road. For more information, call Marge Gregg at 466-5331.✪



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Sinatra Tribute Band To Perform At Estates

On January 28, Edison and Ford Winter Estates will host Michael Dutra and the Strictly Sinatra Band as part of the Rhythm on the River concert series. The Frank Sinatra tribute group will perform many of Sinatra's greatest hits. The event will take place on the Ford lawn, along the Caloosahatchee. Gates open at 5:30 p.m. and the concert starts at 6 p.m.

This Sinatra tribute band has been performing all across the country since 2002. They opened for Howie Mandel at the Waldorf Astoria Hotel in New York City, and performed at Gov. Chris Christie's inaugural event in 2010. Dutra shares many similarities with Frank Sinatra: both are left handed; both are born on December 12; both are the same height; and both of their fathers were boxers at one time.

Food and beverage vendors will have refreshments available for purchase. No coolers are permitted. Free parking is available in the main Edison Ford parking lot at 2350 McGregor Boulevard. Guests should bring a lawn chair and a sweater or



Michael Dutra

photo courtesy Facebook Michael Dutra

blanket if the weather is chilly.

Tickets in advance are \$30 for Edison Ford members or \$35 for non-members; tickets at the door will be \$40. A new VIP seating area will be open and may be reserved by the table for \$225. Each table holds up to five people; table ticket price includes the use of a table and chairs.

Edison and Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. For tickets, visit www.edisonford.org or pick them up at the ticket counter.✱

Artist Call For All Florida Exhibition

The call for artists for the 36th annual All Florida Exhibition at the Alliance for the Arts will deadline on Monday, January 24. Exhibit dates are March 4 to 26.

As the name suggests, this exhibition features pieces created by artists working in a wide variety of media from all over the 65,000 square miles that make up Florida. The juried entries come together for an award-winning and exciting exhibition representing today's contemporary Florida artists.

Awards include \$1,000 cash for Best In Show, a second place gift certificate, \$100 cash for third place and Jurors Choice Award(s) of Alliance for the Arts membership(s).

Dr. KC Williams will be the juror for the exhibition. She is a visual arts professional with over 20 years of experience in the

art world. As gallery director for the Mattie Kelly Arts Center Galleries in Niceville, Florida, Williams presented an annual schedule of professional fine art exhibitions, while hosting community art events, teaching college courses in art history, humanities and art appreciation, and mentoring student artists. She has published and lectured on diverse topics ranging from the Florida Highwaymen to Soviet pop art and from World War II era propaganda art to the relationship between contemporary sequential art and Japanese kamishibai paper theatre.

Williams holds a doctorate in education from the University of West Florida, where her dissertation addressed the function and uses of collegiate art galleries beyond the display of art; a masters of art degree in art history from Indiana University (specializations in modern, medieval and Roman art); and a bachelor of arts degree in art from Rhodes College. She resides in Fort Walton Beach with her husband, daughter and geriatric pitbull.✱

Concert Band To Perform Best Of Broadway

The Southwest Florida Concert Band with guest vocalist Janna Braun will perform *The Best of Broadway* concert at South Fort Myers High School on Sunday, January 16 at 2 p.m.

The 40-member community band will perform a concert of memorable Broadway selections from the hit musical *Chorus Line* as well as *Les Miserables* and *West Side Story*. Braun will sing familiar songs from *The Sound of Music*

and the title song *Don't Cry for Me Argentina*. The band will perform music from the Broadway version of *Grease* and the jazzy music of *Chicago*. The show will also include a swinging interpretation of *The Pink Panther* and a stirring Sousa march that is certain to get toes tapping.

All concerts are free with donations accepted. To protect the health of our supportive patrons, all audience members must wear masks during performances until further notice.

South Fort Myers High School is located at 14020 Plantation Road in Fort Myers. For more information and updates, visit www.southwestfloridaconcertband.org.✱



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2022 NEW EXHIBITS AND PROGRAMS



NEW EXHIBITS

RED, BLUE, GREEN:
An Introduction to Water Quality in Southwest Florida
January 15-June 10

BLACKWATER MOMENTS:
Nocturnal Photography of Open-Ocean Mollusks
December 10-May 30

Photo by Andrew West/The News-Press

LECTURES

Jan. 21: Environmental writer CYNTHIA BARNETT

Feb. 1: *The Soul of An Octopus* author SY MONTGOMERY (pictured)

Feb. 16: Metropolitan Museum of Art curator BRADLEY STRAUCHEN-SCHERER

Mar. 15: Diver and photographer LINDA IANNIELLO

Apr. 6: *News-Press* visual journalist ANDREW WEST



CLASSES

Feb. 10: Fantastic Shells and Where to Find Them

Mar. 2: San Carlos Bay / Bunche Beach Marine Biology and Field Lab

Mar. 17: Biodiversity and Taxonomy of Mollusks

Mar. 31: Drawing & Illustrating Shells

Apr. 13: Shell Morphology: Understanding Shell Descriptions

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Eddie with one of his gifts photo provided

Guide Dog Recognized For Years Of Service

For the past eight years, guide dog Eddie has helped his owner, Anne Hanton, assistive technology specialist at Lighthouse of SWFL, by seeing everything she could not. Hanton has relied on Eddie to protect her from busy streets, obstacles and to help give her freedom.

The golden retriever was guest of

honor at his “hot dog” themed retirement party at the nonprofit vision rehabilitation center on November 10. He was presented a “pup cake” and a bag full of doggie favorites, donated by PetPeople in Fort Myers.

Eddie is now retired in Cape Coral with Hanton.

Lighthouse of SWFL is a local United Way partner agency serving individuals with blindness and vision impairment in Lee, Glades, and Hendry counties.

For more information, visit www.lighthouseswfl.org or call 997-7797.✧

Free Movie In The Park

Lee County Parks & Recreation will host a free Movie in the Park at Veterans Park on Friday, January 14 at 6:30 p.m.

The PG-rated computer-animated musical comedy *Sing* will be the main feature. In a city of humanoid animals, a hustling theater impresario’s attempt to save his theater with a singing competition becomes grander than he anticipates even as its finalists find that their lives will never be the same.

Movie viewing will be located on the central lawn. Guests are encouraged to bring blankets, chairs and snacks. Lehigh Acres Fire Control & Rescue will provide free popcorn and bottled water.

Veterans Park is located at 55 Homestead Road South in Lehigh Acres. For more information, call 369-1521.✧

Animal Shelter To Host Fundraiser

Cape Coral Animal Shelter (CCAS) will host Walk, Wiggle & Wag, its newest signature series event, on Saturday, January 15. Registration begins at 10 a.m. and the walk starts at 11 a.m. Festivities will go on throughout the day until 4 p.m. Tours of the shelter are available.

The premier family- and pet-friendly event intends to raise vital funds to help the homeless, unwanted and neglected animals in the shelter. It will feature a “strut” around the CCAS campus featuring music, vendors, food trucks and activities for the whole family. The Cape Coral Police Department K-9 Unit will be doing demonstrations. Dogs are welcome and must be on a standard leash. (Retractable leashes are not allowed.)

Subaru of Fort Myers is the title sponsor for this event. Burnt Store Animal Hospital, At Home Blinds and Décor, and Wendy Bella have all signed on as sponsors as well.

“CCAS brings hope to South Florida’s homeless dogs and cats by understanding their needs and bringing an increased level of awareness to the intolerance of animal abuse in our community,” said Pamela Aubuchon, chairperson of Walk, Wiggle and Wag and CCAS board vice president.

“This family-friendly, dog-friendly event allows each of us to be part of our mission of making a difference for the

animals of our community.”

The event includes a team challenge, so corporate participation is encouraged. There will be prizes for the top fundraising teams and individuals.

Cape Coral Animal Shelter is located at 325 SW 2nd Avenue in Cape Coral. For more information, sponsorship or to register, visit www.capecoralanimalshelter.com.✧

Benefit In Honor Of Betty White

When Betty White passed away recently, the animal welfare world lost one of its most supportive and endearing advocates. White chose to use her celebrity status to call attention to animal welfare issues throughout her long and extraordinary life.

The Cape Coral Animal Shelter (CCAS) will honor White’s life by collecting donations through Saturday, January 22 to be used directly to care for the shelter’s own “Golden Girls (and Guys).”

On Monday, January 17, White would have celebrated her 100th birthday. During the week of her birthday, the shelter will celebrate her life by featuring super senior pets and prove just how donations are benefiting the animals of CCAS.

Visit www.capecoralanimalshelter.networkforgood.com/projects/150521-in-memory-of-betty-white to donate.✧

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION
Service 9, and 11 a.m. Children’s RE, Adult Education Forum 10 a.m., www.allfaiths-uc.org, 2756 McGregor Boulevard, 226-0900.

ALL SAINTS BYZANTINE RITE CATHOLIC
Sunday 10:30 a.m., 10291 Bayshore Road, 599-4023.

ANNUNCIATION GREEK ORTHODOX
Sunday 9 and 10 a.m., www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, 481-2099.

BETH YESHUA MESSIANIC SYNAGOGUE
Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BIBLESHARE
10 a.m. Sunday and 7 p.m. Tuesday, www.simplysimpleworship.com, 7050 Winkler Road, Suite 121, 437-8835.

CHABAD LUBAVITCH ORTHODOX
Friday 6:30 p.m., www.chabadswf.org, 5620 Winkler Road, 433-7708.

CHAPEL OF CYPRESS COVE
Sunday 10 a.m., www.revtedalhouse@aol.com 10200 Cypress Cove Circle, 850-3943.

CHAVURAT SHALOM
Friday Shabbat services every week 7:30 p.m. Other programs on vacation. ChavuratShalom@gmail.com.

CHURCH OF THE CROSS
Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

COVENANT PRESBYTERIAN
Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CROWN OF LIFE LUTHERAN CHURCH AND CHRISTIAN ACADEMY
Sunday 8 and 10:45 a.m. Jan 1 – Easter; 9 a.m. after Easter – Dec 31. www.crownoflifelutheran.com. 5820 Daniels

Pkwy, 482-2315.

REDEEMER CHURCH
Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN
Sunday 9 and 11 a.m. English, 10 a.m. Spanish. www.clpc.us, 8260 Cypress Lake Drive, 481-3233.

CYPRESS LAKE UNITED METHODIST
Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH UNITED METHODIST
Sunday 9 and 11 a.m., 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST
Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., www.christiansciencefortmyers.net, www.christianscience.com. 2390 West First Street, 334-6801.

FIRST CHURCH OF THE NAZARENE
Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511.

FORT MYERS CHRISTIAN CHURCH
Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;
Sunday 10 a.m., 8210 College Parkway, 482-3133.

FIRST PRESBYTERIAN CHURCH OF FORT MYERS
11 a.m. Sunday, www.fpcforymyers.org, 2438 Second Street, 239-334-2261

IONA-HOPE EPISCOPAL CONGREGATION
Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC
Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m., 881 Nuna Avenue, 481-1143.

LAMB OF GOD

Sunday 7:45 and 10 a.m., www.lambofgodchurch.net, 19691 Cypress View Drive, 267-3525.

NEW HOPE PRESBYTERIAN
Sunday 8, 9:30 and 11 a.m., www.newhopefortmyers.org, 10051 Plantation Road, 274-1230.

PEACE COMMUNITY
Sunday 10:30 a.m. www.peacecommunitychurch.com, 17671 Pine Ridge Road, 267-7400.

PEACE LUTHERAN
Sunday 8 and 10 a.m., www.peaceftmyers.com, peace@peaceftmyers.com. 15840 McGregor Boulevard, 437-2599.

REDEEMER LUTHERAN
Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD
8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER
Meditation classes. www.MeditationInFortMyers.org, 567-9739.

SAINT COLUMBKILLE CATHOLIC
Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC
Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland Avenue, 334-2161.

SAINT JOHN THE APOSTLE METROPOLITAN
Sunday 10 a.m., 3049 McGregor Boulevard, 344-0012.

SAINT MICHAEL LUTHERAN
Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY
Sunday 9:30 a.m., www.saintnicholasmonastery.org, 111 Evergreen Road, 997-2847.

ST. VINCENT DE PAUL CATHOLIC
Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST
Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336.

TEMPLE BETH EL SYNAGOGUE
Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., www.templebethel.com, 16225 Winkler Road, 433-0018.

TEMPLE JUDEA (CONSERVATIVE)
Friday 6:30 p.m. and Saturday 9 a.m., www.tjswfl.org, 14486 A&W Bulb Road, 433-0201.

THE FAITH CENTER
Sunday 9 and 10:30 a.m., Thursday 7:15 p.m., 17650 South Tamiami Trail, Suite 212, 278-3638.

THOMAS A. EDISON CONGREGATIONAL
Sunday 10:30 a.m., www.taecc.com, 1619 Llewellyn Drive, 334-4978.

UNITARIAN UNIVERSALIST
Sunday 10:30 a.m., www.uucfm.org, 13411 Shire Lane, 561-2700.

UNITY OF FORT MYERS
Sunday 10 a.m., www.unityoffortmyers.org, 11120 Ranchette Road, 278-1511.

WESTMINSTER PRESBYTERIAN CHURCH
Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125.

WORD OF LIFE
Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881.

ZION LUTHERAN
Saturday 5 p.m.; Sunday 8, 9:30 and 11 a.m., www.zionfm.org, 7401 Winkler Road, 481-4040.

Email changes to press@islandsunnews.com or call 395-1213.✧



Native coastal blackroot has cone-like flowerheads and winged stems

photo by Gerri Reaves

Plant Smart

Coastal Blackroot

by Gerri Reaves

Coastal blackroot (*Pterocaulon pycnostachyum*) is native to the southeastern U.S. and found throughout Florida. It has the distinction of being the only species in its genus that is native to the state.

The name refers to the black tuberous root that makes the plant highly drought tolerant.

The root contains the chemical Coumarin that has a poisonous effect on the human liver. That chemical is used in blood-thinning medications and rat poisons.

Other common names for this member of the aster family include densespike blackroot, dense blackroot, fox-tail and rabbit tobacco.

The plant grows as high as two feet,

takes an upright or sprawling form and is usually about as broad as tall.

The alternate leaves vary in shape, from lance-like to oblong, but they are narrow, usually two to seven times longer than wide. They measure an inch and a half to four and a half inches long.

The leaves have undulating edges, a prominent central white vein and lighter colored hairy undersides.

The edges are usually dentate, meaning they have sharp teeth.

The stems have wooly wings that create a ribbed appearance. The wings, or ribs, are formed by very narrow extensions of the base of the leaves.

Pterocaulon means winged stem.

The flowering stems have cone-like flowerheads at the end.

The heads are packed with tubular rayless florets that change from whitish or greenish to pinkish.

Florets bloom throughout the year, opening from the base upward. The head becomes fuzzy once the plant is ready to disperse seeds.

In the wild, this under-appreciated wildflower grows in sandy areas, pinelands and ditches, and can also spring up in landscapes.

It has a moderate growth rate, prefers full sun and well-drained soil, and can grow in nutrient-poor soil. It has low tolerance for salt water and wind.

It provides nectar for a variety of butterflies and is worth including in your landscape for its curious appearance alone.

It will self-propagate.

Sources: *Complete Guide to Florida Wildflowers* by Roger L. Hammer, *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, *The Guide to Florida Wildflowers* by Walter Kingsley Taylor, <http://floranthamerica.org>, <https://hawthornhillwildflowers.blogspot.com>, www.plantbook.org, www.regionalconservation.org, and <http://www.wildsouthflorida.com>.

*Plant Smart explores the diverse flora of South Florida.**



Gazebo at the Berne Davis Botanical Garden

photo provided

Garden Council Adds Thursdays To Tour Schedule

The Berne Davis Botanical Garden will hold Tuesday and Thursday morning garden walks from now until May between 10 a.m. and 1 p.m. Admission and parking are both free; handicap parking is provided at the garden, while regular parking is on Larchmont Avenue.

The botanical garden is a project of the Fort Myers-Lee County Garden

Council. The garden is the home of the Lorelei statue that was part of the old Fort Myers Library as well as the Mina Edison Botanical Library. Many of the displays in the garden have been provided through the talents and contributions of the 29 local garden clubs, plant societies and other affiliate members, representing over 1,700 members which comprise the Garden Council.

The Berne Davis Botanical Garden is located at 2166 Virginia Avenue in Fort Myers. For more information about the council, contact president Susan Lawson at fmlcgardencouncil@gmail.com or 332-4942.*

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Be Flexible



by Capt.
Matt Mitchell

No matter how bad we wanted to catch one particular species on some trips this week, we just had to switch it up and go a different route to the goal. Being

flexible enough to spend some time on each variety of fish during the right period of the tide throughout the trip seemed to give us the best results.

During the higher tide periods, we found the better sheepshead bite in and around the passes. Chunks of fresh shrimp on a jig head fished both in the channels and up tight to barnacle-covered structures caught them up to 19 inches. With our water temperatures still a little warmer than I like to target these fish, we also caught snapper, jacks and even a few redfish while using this method. Being able to send clients home with that coveted sheepshead dinner often required weeding through both lots of shorts along with a mixed bag of other species.

While targeting sheepshead one morning with clients from Illinois this week, we had only one keeper sheepshead in the box in the last hour of the trip though we had caught fish the whole trip. Returning to a favorite spot inside of Blind Pass that we had fished earlier in the trip without success, the bite



"Big Snook George" always seems to get it done

photo provided

had now turned on. Within 10 minutes, we had dinner covered as we went back to back to back on 16- to 18-inch dinner-sized sheepshead.

Being able to shiner fish while the sheepshead bite wasn't going on was a game changer this week. Extreme low tides proved to be the perfect set up for snook while fishing deeper mangrove creeks and pockets. Several of the areas I love to be during the "crazy low water" takes the presence of mind to get into before the tide bottoms out. This basically traps you in a creek system until the water comes up high enough to exit. This can only be described as a strong move

but can really pay off as it's like fishing in a barrel when you nail it.

Dolphins are one variable both when targeting sheepshead and snook. We had a couple of hungry dolphins follow us from spot to spot during one end of a morning trip back into JN "Ding" Darling National Wildlife Refuge this week. Although each stop would produce a fish or two, the dolphins would charge in trying to eat the fish and blow out the spot. After being followed around by what can be described as a wolf pack of dolphins, I picked up and moved. No matter where you choose to fish at some point you will have dolphins coming in

looking for that easy meal. Please do not feed them no matter how cute they are. It's not only against the law it creates a nuisance dolphin. These amazing creatures are more than capable of finding their own food.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.✴

From page 1

Song And Dance

Conboy), provide the voice and vocals to be dubbed over Lina's performance. This was actually done often in the early days of Hollywood. In fact, Reynolds' singing voice was replaced by another actress.

A screen on either side of the stage provides scenes of their movies both silent and with talk, and provides lots of laughs. Fullerton and Conboy make a charming couple. Both have lovely voices and are standouts in their dancing. The same can be said for Stone, who is probably the hardest-working person on stage, delivering the slapstick number *Make 'em Laugh*, much like the movie's Donald O'Connor. His stage presence is outstanding.

The supporting cast is uniformly strong. Songs include *Good Mornin'*, *You Were Meant For Me*, *Moses Supposes*, one of the funniest, and *Singin' in the Rain*, the most popular. And it does rain on stage. The night I saw the show, Fullerton's umbrella imploded which I don't think was planned. But he handled it beautifully and it actually added a few chuckles to the show.

Kudos to director and choreographer Amy Marie McCleary for some fabulous routines, especially the tap dancing numbers. The set and costumes are also dazzling. The plot slowly disappears in the second act but the big dance numbers make it highly entertaining. The whole cast takes part in a curtain call number that lifts the heart.

Singin' in the Rain is a fabulous song and dance production, carried off flawlessly by an exceptional cast. It runs through February 12. For tickets, call 278-4422, visit www.broadwaypalm.com or stop by the box office, located at 1380 Colonial Boulevard in Fort Myers.✴

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Dave Doane with his co-worker Jesse

CROW Case Of The Week:

Blue Jay



by Bob Petcher

The blue jay (*Cyanocitta cristata*) is a blue and white songbird that is known for its intelligence. Part of its expertise includes mimicking the calls of hawks to provide protective

information that a hawk is around, even though one may be seen but not heard.

At CROW, an adult male blue jay was admitted after being found stuck in a glue trap. The finders ended up cutting the jay's wings to release the bird, a procedure that resulted in the patient missing primary and secondary feathers on the left wing.

"We do not recommend cutting the wings to free birds from glue traps. This will significantly lengthen time at a rehabilitation facility, impair flight and could result in injury to the bird," said Dr. Charlotte Cournoyer, CROW veterinary intern.

If a bird or animal is found in a glue trap, there is a way to keep it from fully embedding itself in the sticky board.

"Granular substances, including flour, cornmeal and cornstarch, can be put on glue traps to help keep an animal caught in a glue trap from becoming more trapped as it struggles," said Dr.



Patient #22-16 recovers after being stuck in a glue trap

photo by Missy Fox

Cournoyer. "Removing an animal that is severely caught in a glue trap can be a tricky process, therefore we recommend putting safe granular substances on the trap then placing the animal in a dark, quiet box and immediately transporting to the nearest wildlife rehabilitator for proper removal."

The blue jay also had body abrasions from struggling to free itself. The bird was given pain medications and will continue to be monitored under supportive care.

"Luckily, the abrasions were mild and the bird was treated with pain medications and antibiotics while (it) healed," said Dr.

Cournoyer. "No bandaging or further attention was required for the abrasions in this case."

Since some flight feathers were cut, the patient will need time at the clinic to grow new ones to provide lift and maneuverability when up in the air.

"The bird is not currently able to fly but is receiving supportive care and flight is being rechecked regularly," said Dr. Cournoyer. "When feathers are cut, those cut feathers will not regrow but need to be pulled so that new feathers can grow in their place. In this case, important feathers for flight were cut, therefore it will take

time before (new) feathers grow enough for flight. It is painful to pull feathers, therefore this procedure was performed under general anesthesia. The patient will need to show great flight capabilities before being cleared for release."

The jay also suffered two different forms of trauma.

"The patient sustained head trauma and internal trauma resulting in a ruptured air sac, secondary to his struggling," stated Dr. Cournoyer. "His mentation has improved but the air sac will need to heal, and his flight will need to be great before he can be released."

Unfortunately, the patient was trapped in a place where no bird or animal wants to end up. Glue traps are not recommended for pest management.

"Glue traps are cruel and inhumane. When animals become trapped, they panic and struggle so much they can severely injure themselves. They are then trapped until they starve to death," said Dr. Cournoyer. "Glue traps are indiscriminate and often trap animals other than the species they were intended for by those who set them out. For these reasons, we urge the public to avoid the use of glue traps as a method of pest control."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

Theater Play To Focus On Autism

The story of a 15-year-old math savant is the theme of *Curious Incident of the Dog in the Night Time*, a play that will open at Players Circle Performing Arts Center on February 16 and run through March 6.

Harvey Evans, who played Jem in a presentation of *To Kill a Mockingbird* while attending North Fort Myers Academy of the Arts High School, has the role of Christopher Boone, the savant in the new production. Evans is a Cape Coral resident.

Performances are Wednesdays, Thursdays and Saturdays at 7 p.m. and Sundays at 2 p.m. Parking is free and dinner is available. A special seating section will be reserved for individuals who require signing by a representative of the Deaf & Hard of Hearing at the March 6 show.

Ticket prices are \$50 for regular seating and \$35 for back row seating. Discounts are available for groups and students.

Players Circle Performing Arts Center is located within Shell Factory & Nature Park at 16554 North Cleveland Avenue in North Fort Myers. For more information or tickets, visit www.playerscircle.org or call 800-3292.



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Gardening Classes At Estates

Edison and Ford Winter Estates is offering several opportunities throughout the year to learn about gardening in Florida. Garden Talks are mostly offered once a month and cover a wide range of topics from growing orchids to pruning techniques. Gardening classes are held during the winter and spring months and delve deeper into gardening solutions.

In January, Introduction to Florida Gardening Part I and II will be offered. Taught by horticultural specialist Karen Maxwell, each class focuses on gardening aspects specific to Southwest Florida.

Upcoming Gardening Classes:

Introduction to Florida Gardening Part I – January 18 (1:30 to 3:30 p.m.) or January 22 (10 a.m. to noon): Part I of this two-part class provides a foundation of how plants work, their nomenclature and understanding of unique weather patterns and unusual soils found only in Florida, zone 10. This class will educate participants with identification of both Florida native and non-native plants, and how to recognize invasive plants. Palms will also be discussed and the class will spend the last 20 minutes in the Palmetum. Cost: \$35 for Edison Ford members; \$50 non-members.

Introduction to Florida Gardening Part II – January 25 (1:30 to 3:30 p.m.) or January 29 (10 a.m. to noon): In Part II, participants will be introduced to the



Participants attend a gardening class at Edison and Ford Winter Estates in Fort Myers

photo provided

concepts of “Florida Friendly Gardening,” including learning the proper use of fertilizers and soil amendments. Plants have unique pests, and their identification will be covered as well as when to use chemical versus biological controls as recommended by the Green Industries Best Management Practices concepts. Weed identification and diseases will also be covered, along with a discussion on selecting plants for a Florida landscape, followed by a question-and-answer session. The last 20 minutes of class will be held in the Butterfly Garden. Cost: \$35 for Edison Ford members; \$50

non-members.

Participants should bring a notebook, pencil and drinking water. Hats, sunscreen and good walking shoes are recommended for the outdoor portion. Each class includes handouts, a recommended reading list and additional resources to help the Florida gardener succeed. Though not required, taking Part I will be beneficial to understanding the content covered in Part II.

Advance registration is required and limited to 25 participants. The classes are held in a climate-controlled and accessible classroom at the Fort Myers-Lee County

Garden Council and Berne Davis Gardens, located across the street from the Edison Ford parking lot. At the conclusion of class, each participant will receive a 20 percent discount coupon for plant purchases in the Garden Shoppe.

Edison and Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. Register online at www.edisonford.org.

Use Online Services For Transponders

Lee County Government is encouraging residents to use online services to obtain transponders as customer service center hours are reduced temporarily due to COVID-19 staff shortages.

Last fall, an online portal was created for customers to get free transponders for use on the Cape Coral Midpoint and Sanibel Causeway bridges, which use all-electronic tolling. Motorists with transponders are not charged an administrative fee. Many other toll agency transponders work at county toll plazas as well, including Sunpass, E-Pass, EZ-Pass and PeachPass.

The county's customer service center for tolling – called the LeeWay Service Center – has reduced lobby hours for the next two weeks. New temporary hours will be 10 a.m. to 4 p.m. weekdays at the center, located at 1366 Colonial Boulevard in Fort Myers. When normal hours resume, the website will be updated to alert customers. There may be longer hold times for customers who call the center at 533-9297.

In addition to getting a transponder and setting up an account, motorists without transponders can use the website to pay toll invoices incurred via the pay-by-plate system. The website also has helpful videos about all-electronic tolling and partnering toll agencies.

For more information and to set up an account and receive a free transponder in the mail, visit www.lee.gov.com/tolls.

From page 1

Best Of Opera

in *Don Giovanni* in Viterbo, Italy. Notable appearances include Kathie in *The Student Prince* with the Pittsburgh Civic Light Opera, Violetta in *La traviata* for the Rogue Valley Music Festival, the Old Globe Theater as the “Ragazza” in *A Room with a View*, Anna in *The King and I* for Opera North, Charlotte in *A Little Night Music* with Indiana Repertory Theater and Violetta with Tacoma Opera. She also appeared in recitals and concerts in southern California. For three years, starting in 2013, Fontaine starred as the Italian Prima Donna Carlotta in the Broadway National Tour of *The Phantom of the Opera*.

The dynamic duo is accompanied on piano by assistant conductor Geoffrey Loff. Visit www.gulfshoreopera.org/community-concerts for more information.

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New Pediatric Neurosurgery Program

Golisano Children's Hospital of Southwest Florida has begun a new pediatric neurosurgery program, a collaboration with Johns Hopkins All Children's Hospital.

The new program will allow children who have neurological conditions that require surgery to receive that high level of care at Golisano Children's Hospital instead of traveling outside of the area to larger cities, like Miami or St. Petersburg.

"We are so proud to be able to offer this service to the children and families in our community," said Alyssa Bostwick, chief nurse executive and vice president of operations at Golisano Children's Hospital. "There is a huge need in our region for pediatric neurosurgery and, more importantly, it's growing every year. Due to the population growth in Southwest Florida and younger families moving to the area, we're seeing more and more children who need our services. This neurosurgery program, in affiliation with Johns Hopkins All Children's Hospital, has been two years in the making and we know it will have a major impact."

The affiliation with Johns Hopkins All Children's Hospital began in 2019 when the two organizations entered into an agreement to expand care for children across Florida's west coast by working together to deliver the highest quality care, leverage resources and create better value for families.

"When we began this collaboration with Golisano's two years ago, our goal was to help expand care for children across the west coast of Florida," said George Jallo, MD, neurosurgeon, vice dean and physician-in-chief at Johns Hopkins All Children's and medical director of the hospital's Institute for Brain Protection Sciences. "As we looked to hone into our neurosurgery specialty, we're proud of the work our team has done to train nursing staff and advanced practice providers and grow this program so that children in Southwest Florida have access to the right pediatric experts."

Through the affiliation, the two children's hospitals collaborate in several ways, including pediatric research studies and protocols, telehealth counseling and consultations, educational conferences and the recruitment of a dedicated pediatric neurosurgeon to be based out of Golisano Children's Hospital.

Through the extensive recruiting process, Dr. Theodore Spinks, a pediatric neurosurgeon with more than 15 years of experience, has been chosen to lead the neurosurgery program at Golisano Children's Hospital. He recently joined the team and has already performed several surgeries, allowing families to stay in Southwest Florida to receive this high level of care.

Initially, Dr. Spinks and the team at Golisano Children's Hospital will focus on the management and treatment of



Alyssa Bostwick

brain and spine tumors, spina bifida, Chiari malformation, tethered cord, minimally invasive brain and spine surgery, and complex spine surgery. Additional services will be added over time.

"Location should never be a barrier for families," said Dr. Spinks. "Before this program, kids who needed that higher level of neurological care likely would have had to go to St. Petersburg or Miami, but now, they're able to receive that care here at Golisano Children's Hospital. We are so proud to be able to offer this life-saving service to the kids in our community."

Leadership donors currently include The Bruning Foundation, Dave and Cheryl Copham, Amanda Cross and the Theodore Cross Family Charitable Foundation, Fernandez Family Foundation, Bill and Julie Vitner, Barbara's Friends, Boston Red Sox Celebrity Golf Classic, Fred B. Snite Foundation, The Forest Country Club, Gateway Trinity Lutheran Church, International Jaguar Festival, Jersey Mike's Subs, Porsche Parade and SanCap Cares. The cause also has received a \$1 million challenge grant from The Wasie Foundation.

For more information, visit www.golisanochildrensswfl.org or www.hopkinsallchildrens.org.



Dr. George Jallo



Dr. Theodore Spinks

Breakfast Meeting

Carol Colliton, director of Brotherhood of Heroes Resources Center and Museum in Cape Coral, will be the featured speaker at a breakfast meeting of the Cape Coral Chapter of Military Officers Association of America (MOAA) at the Cape Royal Golf Club on Saturday, January 15 at 10 a.m. A question-and-answer session will follow her planned remarks.

All current, former and retired military officers and spouses are invited to attend. Cost is \$12 per person, payable at the door (cash only). Reservations are requested by Wednesday, January 13.

The Cape Royal Golf Club is located at 11469 Royal Tee Circle in Cape Coral. For more information or to register, contact Dixie Buick at 443-9013 or email calusamoaa@yahoo.com.

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Book Review

The Judge's List

by Di Saggau



The *Judges List* is a brilliant thriller, Grisham at his best. Lacy Stoltz, who first appeared in Grisham's *The Whistler* is back and, after getting a call from a woman who calls herself Margie and then

meeting with the woman, gets involved in her accusation that a sitting judge in Florida is a serial killer and his victims are those he has grievances against.

Judges are supposed to dispense justice, not administer the death penalty on their own initiative.

Margie's father was murdered 20 years earlier in a case that remains unsolved. She has a suspect whom she has become obsessed with and has stalked for two decades, discovering other victims along the way.

The murderer is a circuit judge sitting in Pensacola, leisurely crossing off the next victim on a deeply personal to-be-avenged list. Although he is a psycho, he puts on a good face in public.

We don't meet the killing judge until halfway through the book. He's a model of evil in a game of cat and mouse that ends with murder. He is brilliant, patient

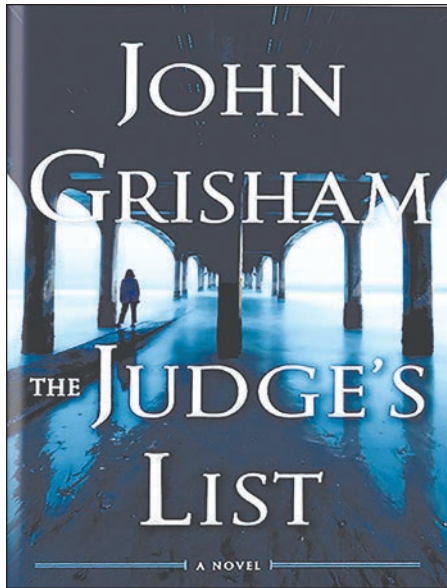


image provided

and always one step ahead of the law. He knows forensics, police procedures and he knows the law.

The Judges List is a brilliant thriller that grabs your attention early. You will cheer for the good people and worry about them, while you loathe the villains. Grisham also shares intriguing information about serial killers and the dark web. He injects notes on crime and justice. "This country averages 15,000 murders a year. One-third are never solved." He also leaves the door open to a possible sequel, which will please many of his fans.*

School Smart

by Shelley M. Greggs, NCSP



Dear Readers, Here is the second article that focuses on stressors that both junior and senior year high school students face. It has been written by Bob Schaeffer,

interim executive director of the National Center for Fair & Open Testing (FairTest). For college bound students and their parents, this following article will be most informative.

Test Optional Admissions Is The 'New Normal' For U.S. College Applicants

For decades, taking the SAT or ACT and sending score results to admissions office has been a common rite of passage for teenagers seeking seats at U.S. four-year colleges and universities.

In part due to the COVID-19 pandemic, that's no longer the case. According to a list compiled by the National Center for Fair & Open Testing (FairTest), 1,815 colleges and universities now do not require all or most applicants to submit test scores before admissions decisions are made. (source: <https://fairtest.org/university/optional>). The U.S. Department of Education's National Center for Education Statistic recognizes about 2,330 bachelor-degree granting colleges and universities which enroll first-year students.

Schools that are "test optional" will consider ACT or SAT results if an applicant chooses to send them. They say that students will be neither advantaged nor disadvantaged by submitting scores. Nearly all of the nation's most selective colleges and universities are ACT/SAT optional for current high school seniors.

At the 85 or so campuses with "test blind," "score free" or "test free" policies, ACT and SAT results will not be considered in the admissions process even if applicants submit them. The best known test-blind institutions are parts of the University of California system, including UCLA and Berkley.

The movement to reduce the emphasis on standardized exams in undergraduate admissions began more than 50 years ago when Bowdoin College in Maine dropped its ACT/SAT requirements in 1969. Schools that followed suit generally found that they received more applicants, who were better qualified academically and more diverse. Students admitted without test scores performed just as well in undergraduate courses as test-score submitters.

After five decades of growth, 1,070 schools were test optional before COVID-19. One, Hampshire College, was test-blind. Widespread test center closures due to pandemic-related health concerns significantly accelerated the movement. Another 700 admissions offices temporarily suspended test requirements or implemented multi-year test-optional pilot programs.

At least 1,400 institutions have already extended test-optional policies through

the fall 2023 admissions cycle and, in many cases, years beyond. Among the schools that will not require ACT or SAT tests from current high school juniors are well-known private institutions, such as Amherst, Chicago, Columbia, Cornell, Harvard and Stanford. In addition, many public university systems including those in California, Colorado, Illinois, Indiana, Oregon and Washington will remain test-optional or test-blind.

Clearly, evaluating undergraduate applicants without test scores is here to stay. Eighty percent of schools are ACT/SAT-optional or test-blind for current high school seniors. More than three-fifth of all colleges and universities in the nation have already committed to remaining test-optional or test-blind for fall 2023 applicants. The final percentage is expected to be substantially higher.

Test-optional admissions has proven to be a "win-win" for both applicants and the institutions they hope to attend. For teenagers who grew up in the "No Child Left Behind" era of frequent high-stakes exams, the promise of being evaluated as "more than a score" is attractive. Avoiding the time, cost and anxiety of registering for tests, prepping for them and spending hours taking them is also appealing. At the same time, higher education officials know from experience that ending test score requirements will likely enhance campus diversity without compromising the academic quality of the student body.

FairTest has led the U.S. test-optional admissions movement since the late 1980s. At that time, fewer than three dozen colleges and universities did not mandate ACT or SAT score submission from applicants. FairTest's frequently updated directory of test-optional, four-year schools is available free online at www.fairtest.org/university/optional and can be sorted geographically by clicking on "State." The web page links to a chronology of schools dropping ACT/SAT requirements with details about the duration of those policies. A sub-list of 86 campuses with test-blind, score-free or test-free policies is also available.

Shelley Greggs is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. To contact her, email smgreggs@gmail.com or visit www.schoolconsultationservices.com.*

Fort Myers Beach Parking Fee Hike

Parking fees on Fort Myers Beach have been increased from \$3 to \$5 per hour at the more than 350 town-operated spots, an action that went into effect January 10.

At the first meeting of 2022 on January 10, Fort Myers Beach Town Councilors confirmed their previous decision to increase fees. That decision was made at the September 2021 budget hearings for an effective date of January 1, but town officials discussed the matter again on January 10.

For more information, visit www.fortmyersbeachfl.gov/140/parking.*

EPIC FIRES OF FORT MYERS

How a Series of Early Fires Influenced the Town's Development



THOMAS P. HALL
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"More than a meticulously researched chronicle of the disasters that shaped Fort Myers, this book details the historical moment of each blaze, creating a rich portrait of a community forged and tempered by fire. A must-read for anyone interested in area history, with riches for newcomers and experts alike." - Amy Bennett Williams

Publishing Icon To Headline Conference

Media mogul Steve Forbes will deliver the keynote address during the Resnick-Wynn Family Business Conference in partnership with Florida Gulf Coast University (FGCU). The conference will be held at the FGCU Cohen Student Union on Friday, March 4 from 8 a.m. to 1 p.m.



Steve Forbes

The conference, titled Family Business: Thriving in an Ever-Changing World, is geared toward owners of multigenerational businesses and offers insight and best practices from dynamic leaders who are running family businesses. In addition to Forbes, speakers include David Hoffmann, chairman of the Hoffmann Family of Companies; Shelly Stayer, co-owner and chairwoman for Johnsonville Sausage; Michael Wynn, president of Sunshine Ace Hardware; and John Resnick, principal of The Resnick Group.

According to the U.S. Census, about 90 percent of all American companies are family-owned or controlled. Yet the survival statistics are stark. Only one-third of family-owned firms survive to the

second generation and just 13 percent make it to the third generation.

"A family-owned business is not just about business, it's personal," said Forbes, who serves as chairman and editor-in-chief of Forbes Media. "That's why this conference couldn't be timelier and that's why I am honored to be a part of it."

Forbes Media was founded by his grandfather and has 132 million global visitors every month.

Family-owned businesses have been particularly impacted during the pandemic through inflationary costs, labor shortages, shipping delays and changes in consumer behavior like online shopping. Forbes notes that family-owned businesses still have an advantage because they can "combine commercial success with a broader consciousness of community stewardship and continuity – a critical asset during this troubled era."

"As the CEO and a fourth-generation family member of The Barron Collier Companies, I am aware of the challenges family businesses can go through to survive from generation to generation," said Blake Gable, a steering committee member for the conference. "I am thrilled to be part of this program that sheds light on how family businesses can thrive in today's competitive corporate environment."

The conference series, created by Wynn and John and Billie Resnick, will be similar to conferences the Resnicks conducted with The Wharton School at The University of Pennsylvania that included Steve Forbes and other family business icons.

"Family businesses are the economic engine of our economy," said Billie Resnick. "John and I, along with Michael Wynn, are proud to have partnered with David and Jerri Hoffmann, Blake Gable and Shelly Stayer to support and increase the odds of survival of family businesses in Southwest Florida."

Tickets are \$250 each. Discounts are applied for multiple tickets or tables

purchased. Sponsorship opportunities also are available and start at \$2,500. Net proceeds will support scholarships for business majors attending FGCU.

The FGCU Cohen Student Union is located at 11090 FGCU Boulevard North in Fort Myers. For more information, visit www.fgcu.edu/familybusinessconference, call 745-4700 or email resnickwynnfb@fgcu.edu.

County Operations For Holiday

Most Lee County administrative operations will be closed Monday, January 17, in observance of Martin Luther King Jr. Day.

The county's holiday schedule adjustments are as follows:

Solid Waste – There will be no change to collection schedules on January 17.

The Resource Recovery Facility on Buckingham Road will be open regular hours 6 a.m. to 6 p.m.

Lee County Solid Waste offices and the Household Chemical Waste Collection Facility, 6441 Topaz Court, are closed Monday January 17.

Parks & Recreation – Recreation centers and administrative offices are closed January 17 and will reopen Tuesday, January 18. Lee County Parks & Recreation beaches, parks, preserves,

swimming pools and boat ramps are open on the holiday. Recreation centers, swimming pools and administrative offices are closed and reopen Tuesday, January 18.

Lee County Utilities – The offices of Lee County Utilities, the Call Center and its drive-thru window will be closed Monday, January 17. A drop-box is on-site at the front door and another accessible via the drive-thru for payments by check.

Libraries – All library locations will be closed Monday, January 17. Each branch will resume regular operating hours Tuesday, January 18. The online library is available at www.leelibrary.net/online.

Domestic Animal Services – LCDAS, 5600 Banner Drive in Fort Myers, will be closed Monday, January 17, and will resume regular business hours Tuesday, January 18.

LeeTran – There will be no change to LeeTran's regular bus, trolley, tram and paratransit service on the holiday. Route schedules and maps are available at www.rideleetrans.com.

Federal Student Loan Repayment Postponed

Borrowers who were able to pause their federal student loan repayment will see their repayments postponed until May 1, according to Kentucky Higher Education Assistance Authority (KHEAA).

The federal government had intended to have borrowers resume payments in February but decided to wait until May because of the spread of the omicron coronavirus variant.

KHEAA advises borrowers to make sure their loan servicer has their current contact information. If you don't know who your loan servicer is, you can find it by logging into your account at www.studentaid.gov. The information will be under the "My Loan Servicers" section.

Your loan servicer can also help if you expect to have trouble restarting repayment of your loans. In that case, contact your loan servicer as soon as possible. They can help you find the repayment plan that best fits your finances and could reduce your monthly payment.

For more information, visit www.advantageeducationloan.com.

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Will Power

My Secrets To A Successful Marriage



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Rather than focusing on estate planning in this article, I plan on sharing the wisdom from clients who have successfully navigated many years of successful marriage. At the time of writing this, I am traveling to celebrate my wife Patti's birthday. I'm grateful that Patti and I have 32 years behind us, which seems like a great accomplishment these days.

Nevertheless, all of us have a lot to learn from those who have traveled a longer path. So over the years, I wrote down these nuggets from those who had been married 50 years

or more:

1. Be a good listener and don't offer an opinion unless asked.
2. If you think marriage would have been easier with someone else, think again.
3. Grow together. You're both going to change, but do so on the same path rather than taking separate paths.
4. While you want to grow together, also have some separate interests and friends. It's okay to take some time away from one another every now and then.
5. Everyone has their own quirks that make us difficult to live with. Do your best to minimize your own, and accept those of your spouse.
6. Marriage is an "on the job training" proposition. When the going gets rough, it's a sign that we may need new skills, not a new spouse.
7. Remind yourself daily why you fell in love in the first place.
8. Don't let the kids become the number one priority. Your marriage is your first responsibility.
9. When you're angry, it is not the time to fight.
10. If you are thinking, "I really shouldn't say this" – Don't.
11. Be the first to apologize and the first to forgive.

12. Try new things together. Don't do the same thing over and over.
 13. Trying new things also applies to the bedroom.
 14. Surprise your spouse in a good way every now and then. Whether that means to bring her flowers for no reason, book a trip "just because," or do something nice for her parents – those things go a long way.
 15. When you screw up, don't blame your spouse. Take responsibility for your own mistakes.
 16. Be willing to compromise but also realize some situations can't be compromised – e.g., where you live, how many kids you have, etc. – but realize that when your spouse gives in on such a matter, it is both a gift to you, and potentially dangerous. Before acting you should be certain that both of you can live with the consequences.
 17. Don't always make your spouse give in when compromise isn't possible.
 18. Don't rehash the past.
 19. Don't hold grudges – accept apologies graciously and move on.
 20. Keep a good sense of humor.
 21. Don't take yourself too seriously.
 22. Realize that even tragic times will end.
 23. None of us are happy 24/7 – nor do we need to be.
 24. Trust is more valuable than all the money you could possibly save.
 25. Most good marriages have one person who brings up difficult subjects or stays hopeful in difficult times. While you may wish that both of you take on this role, be grateful when one of you is willing to do it.
 26. Marriage can make you a better person or a worse person – your choice.
 27. Better to request a change than to complain and criticize.
 28. Fights are usually not about the content of the argument du jour. It's usually better to define the underlying issues of what is really upsetting and address those rather than continue arguing over trivial matters.
 29. Learn how to make up properly, as two people can't be in a marriage without upsetting one another from time to time.
- And my final marriage tip?
30. Enjoy life together – and appreciate the small things.
- ©2022 Craig R. Hersch. Learn more at www.floridaestateplanning.com.✧

Market Trends To Spotlight Real Estate Market



Randy Thibaut



Denny Grimes



Justin Thibaut

Local real estate experts will convene in Southwest Florida to present Market Trends 2022 at Caloosa Sound Convention Center on Tuesday, February 15 from 4 to 7:30 p.m.

The theme of Southwest Florida's largest real estate forum is The Thrill of the Chase – What Now? following a record year in real estate that was predicted in both the 2021 spring and fall forums. With booming demand and fierce competition, the year 2022 will be all about the chase for inventory across Southwest Florida.

The real estate summit explores the latest market trends data, research and fact-based analysis and how they will impact the big picture for homeowners, homebuyers, real estate professionals

and the region as a whole in 2022. The area's leading voices in real estate will present facts and extensive market knowledge to lead a state-of-the-industry discussion.

Speakers for Market Trends 2022 include:

LSI Companies Founder Randy Thibaut, land, new home sales and development expert;

Residential real estate expert Denny Grimes, president of Denny Grimes & Team at Keller Williams Realty; and

Commercial real estate expert Justin Thibaut, CCIM, president and partner of LSI Companies.

Tickets are \$50 for general admission and include a comprehensive data book. VIP armbands can also be purchased for \$45 and include access to a VIP area that includes free food and complimentary drinks during an exclusive networking hour. Reserved and VIP tables ranging from \$600 to \$1,200 are also available for groups of eight to 10 people.

Presenting sponsors for the spring Market Trends event are LSI Companies, Lee Building Industry Association, Collier Building Industry Association and Charlotte Desoto Building Industry Association. Premier sponsors include *Business Observer*, NBC2 and *Florida Weekly*. Henderson, Franklin, Starnes & Holt, PA is a platinum sponsor. Barraco & Associates and Priority Marketing are gold sponsors. Lennar, Pulte Group and Sanibel Captiva Community Bank are silver sponsors.

Additional sponsorship opportunities are available and include varying levels of recognition in the Market Trends data book, marketing materials, during the event and more.

For more information and to register, email info@markettrendsswfl.com or visit www.markettrendsswfl.com.✧



Dr. Dana Griggs, the 2022 president of SRCEA, presented Dr. Chris Parfitt a plaque photo provided

University Director Earns Recognition

The Southern Regional Council on Educational Administration (SRCEA) recently presented Dr. Chris Parfitt of Hodges University with an award, recognizing him as the 61st and longest-serving president of the organization.

Parfitt served as president of SRCEA from 2019 to 2021. He is now past president, an executive board member, and editor-in-chief of *Southeast Journal of Educational Administration*.

SCREA spans 14 states, including Florida, and is the region's only organization for professors in educational administration.✧

Marketing Firm Digital Strategist

CONRIC PR & Marketing has hired Keegan Myers as digital marketing strategist. She will work closely with clients and the digital marketing team to create, implement and manage innovative strategies that effectively help businesses exceed set goals and objectives.

Myers, who is skilled in digital marketing, copywriting, design and creative direction, will produce content for digital newsletters, blogs and social media. She will identify digital marketing opportunities and develop strategies that serve to increase brand awareness and improve customer experience across multiple online platforms.

Myers earned her bachelor's degree in business management from University of South Florida in Tampa in just three years and is currently attending Florida Gulf Coast University to obtain a master's degree in business administration. She gained valuable digital marketing experience over the past few years while interning and working as a marketing coordinator for Keep Lee County Beautiful and CONRIC.✧



Keegan Myers

Read us online at
IslandSunNews.com

Superior Interiors

Five Ways To Repurpose An Empty Room



by Jeanie Tinch

Perhaps there's an extra room in your home that's been collecting dust for years. Maybe it's an empty nest, courtesy of your grown child moving away to college, or it's the token storage space.

Regardless, you're ready to turn it into an exciting, livable nook, but you're just not sure which route to take. Don't worry, there are plenty of options for flipping the space around. Here are a few ideas to spark your creativity.

A master closet – The master walk-in closet of your dreams doesn't have to remain a figment of your imagination. Make it a reality by turning the spare room into the luxurious wardrobe you've always wanted. Be sure to add tiered racks, shelving and storage systems that will transform the space with ease. And don't forget a chaise lounge covered in throw pillows, should you need it to relax and ponder potential outfits.

A reading nook – If you're a bookworm who's always secluding yourself in your room to finish the latest novel before bed, you deserve a reading nook. Consider creating a shelving system

using multiple bookshelves to cover the walls and including a comfortable sofa or armchair that makes it easy to get lost in your book. The addition of a carefully chosen lighting fixture will add the right depth and character to your sanctuary.

A playroom – The days of stuffing your kid's toys in the coat closet are over. Instead, you can surrender them in the "fun zone" turning that spare room into a play place destination. Include a hard surface (which is useful for painting pictures and block building), an easily accessible chest for the trinkets and a lounge sofa for cat naps.

A guest room – There's no need to offer up the couch to your visitors when they stay in your home. Just turn your spare space into the guest room they'll never want to leave. We often suggest a convertible sofa or day bed, which is fully functional as both seating and as a pull-out sleeping arrangement. This furniture choice will ensure you're maximizing the space while also creating a comfortable area for lodging.

A fitness center – Sometimes finding time to hit the gym after a long day seems nearly impossible. But what if the fitness center was just steps away from the living room? You don't need a gym membership to stay in shape, just turn the empty room into your own exercise haven. Consult a design professional on how you can use the available space to your advantage. He or she may suggest slim shelves (for exercise equipment) that allow you as much floor space as possible for physical activity.

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeanie@coindceden.com.

Business Luncheon Postponed

Out of an abundance of caution due to the rising cases of COVID-19, the Above Board Chamber of Florida has decided to postpone its January luncheon and has rescheduled them for February. The luncheon will now be held from 11:30 a.m. to 1 p.m. on Thursday, February 10 at the Crowne Plaza Bell Tower.

A panel of business experts from across Southwest Florida will be speaking on helping businesses learn more about how to create a work culture that will spark success in recruiting and retaining employees in 2022.

The panel will consist of Bill

Daubmann, CEO/founder of My Shower Door; Gary Tasman, chief executive officer/principal broker of Cushman & Wakefield Commercial Property Southwest Florida; Jennifer Thayer, workforce planning and development program manager of human resource at Lee Health; and Williams M. Blevins, president/CEO of Gulf Coast Business Bank. Emcee will be Joseph DeSena, private wealth advisor and managing director of Siena Wealth Advisory Group.

Cost on or before Monday, February 7 is \$37 for members and \$42 for non-members. After February 7, it is \$40 for members and \$45 for non-members. Lunch is included.

Crowne Plaza Bell Tower is located at 13950 Bell Tower Drive in Fort Myers. For more information, call CEO Jeanne Sweeney at 910-7426 or visit www.aboveboardchamber.com.

Red Sox Spring Training Tickets On Sale Friday

Tickets for the 2022 Boston Red Sox Spring Training season will be available Friday, January 14, beginning at 10 a.m.

The club is scheduled to play a total of 18 Spring Training games at JetBlue Park and will open the season with a game against the Northeastern University Huskies on Friday, February 25.

Fans can purchase Spring Training tickets at www.redsox.com/tickets. Tickets will not be sold at the JetBlue Park ticket office. Hearing impaired fans can call the Red Sox TTY line at 1-617-226-6644.

First-Ever Female Conductor To Lead Symphony

The Southwest Florida Symphony will celebrate a monumental milestone in its 60-year history when visiting conductor Laura Jackson becomes the first-ever female conductor to lead the orchestra at the Barbara B. Mann Performing Arts Hall on Saturday, January 22 at 7:30 p.m.



Laura Jackson

Under the baton of Jackson, the full orchestra will unite for a performance of great classical literature, continuing its signature Masterworks Series, with cello soloist Julian Schwarz. Tickets cost between \$15 to \$109.

Jackson will bring the evening with a pre-concert lecture at 6:30 p.m. Lectures are curated to entertain attendees while deepening patrons' knowledge and insight into the inner workings of the selected music.

Jackson has been known to emanate power and eloquence. As the Reno-Phil music director and conductor for 13 seasons, she continues to win praise for her artistry and creativity.

"To have a woman grace our podium, in a field that has been overcrowded with men for millennia... feels glorious to make history, even if it's long overdue," said Amy Ginsburg, executive director of the Southwest Florida Symphony.

The theme for the evening is Transcendence. The program will begin building intensity with Jimmy López Bellido's *Fiesta!* that taps into the trance genre of Techno Pop and layering themes over a continuously driving beat. The orchestra will then perform the well-loved *Cello Concerto No. 1* in C major by Joseph Haydn, with Schwarz. The concert culminates with Sibelius' *Symphony No. 2*, one of the great classical canons.

"There is something mind-blowing about this symphony. Nobody writes music like this," said Jackson. "The last movement is very hopeful."

Face masks are required upon entering the hall and must be worn at all times while indoors while patrons are not actively eating or drinking.

There will also be a meet-and-greet with Jackson at 5:30 p.m. Wednesday, January 19 at the Southwest Florida Symphony's Artistic & Operations Center, located within Bell Tower Shops at 13499 South Cleveland Ave, Unit#175, in Fort Myers. Visit www.swflso.org/symphony-society-gets-social for more details.

For more information about the performance and others, visit www.swflso.org, call 418-1500, or visit the Barbara B. Mann Hall box office at 13350 FSW Parkway in Fort Myers.

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Frankly Speaking



by Howard Prager

Congrats to NCAA college football champs Georgia. You held 'Bama to only field goals and scored three TDs against them.

Let's talk about behavior in sports in football, tennis and even journalism,

specifically Antonio Brown, Novak Djokovic and Hub Arkush. Bizarre.

Brown will forever be linked with leaving the Bucs-Jets game shirtless in the third quarter of their game, having taken off his shirt and pads. There are lots of tweets and comments between Brown, QB Tom Brady and Coach Bruce Arians. Who's at fault, who let Brown get away with questionable behavior previously, how serious is his ankle injury, and why didn't he play more are just some of the questions. We know what we saw. Reporting in www.nj.com, Mike Rosenstein shared that "Brown told his side of the story Wednesday on Twitter, saying the disagreement stemmed from an injured ankle which hampered the wide receiver. On Thursday, after the Buccaneers released Brown, Arians disputed he asked the receiver to play on a bum ankle. Later Thursday, *The Daily Mail* reported Brown broke NFL COVID-19 protocol the day before the game by sneaking a woman into his

New Jersey hotel room. Making matters worse, www.terezowens.com reports the woman tested positive for COVID after her pregame romp with Brown." To say this is bizarre is an understatement. Brown is scheduled to have ankle surgery January 18. If healthy, Keyshawn Johnson and ESPN both reported that the wide receiver will find another opportunity in the NFL if he wants one. Do you want him on your team?

Djokovic is the No. 1 tennis player in the world. He's also unvaccinated, but did have COVID-19 in December. He entered Australia with support of Tennis Australia but without approval of the Australian government. He showed his exemption to border police and the findings of two "medical panels" that gave him a medical exemption from the law, stating anyone entering Australia must be fully vaccinated, based on Djokovic contracting the virus last month. He was placed in a hotel for quarantining for a few days. On Monday, he had a court hearing which freed him immediately from quarantine only because he didn't have enough time to talk to his lawyers. It's not over. The immigration minister can veto the judge and Djokovic may be prohibited from entering Australia for three years. This isn't just about testing or getting vaccinated, this is about following rules. If he wasn't No. 1, would he have just left? What will happen in other countries? Keep tuned.

Arkush is a football commentator and publisher of *Pro Football Weekly* (PFW). I remember driving down Western Avenue in Chicago as a boy and seeing the small goal post in front of a building that said *Pro Football Weekly*. Started in 1967,

PFW provides weekly commentary on the NFL. Last Tuesday on AM670 The Score, Arkush came down on Aaron Rodgers and made waves when he announced that the Green Bay Packers star quarterback wouldn't receive his MVP vote. He called Rodgers "the biggest jerk in the league" and said "I don't think a bad guy can be the most valuable guy at the same time." Criticism of that nature has never been Arkush's style, and he took the heat for it. "I was wrong," Arkush said multiple times during his Wednesday show on AM670. The station's NFL expert kept apologizing for making denigrating remarks about Rodgers. Arkush has a vote for MVP. Should he be allowed to vote given his bias? He also said things publicly about his vote, which is against the rules. Rodgers is the best QB in the NFL this year, and did act strangely earlier in the year saying he was "vaccinated" without the vaccine but with alternative medicine, and was suspended one game by the NFL because of it. Do you think character should count in MVP voting?

Now for fun. The final game of this NFL season between the Raiders and Chargers Sunday night was one of the most captivating games I've seen all year. A close first half led to a wild second half with the Raiders going up by two TDs with just a few minutes left, only to see the Chargers claw back with two TDs in the closing seconds. As ESPN reported, "The Chargers converted seven consecutive opportunities on plays in which a failure would have ended their season with an average of more than 11 yards to go. There were moments in which it felt like each team was holding on for dear life. Both teams knew they would make it into the postseason with a win, but a tie would have pushed each into the postseason at the expense of the Steelers, who won earlier in the afternoon. The chances of both teams taking a knee were always nil, but it was fair to wonder whether they would be upset about settling for a tie if they got into a sticky situation late in overtime." OT. They traded field goals in the first eight minutes. With two minutes to go, the Raiders could have taken a knee three times, game over. Instead, they drove down the field and kicked a game-winning 47-yard field goal with time expiring. The Chargers are out and Steelers are in. Rollercoaster.

The good news story of the week is from CBS Sports. "Seattle Kraken fan Nadia Popovici went to watch her

favorite team play the Vancouver Canucks in October, but instead of just enjoying a night of hockey, she helped extend the life of Canucks' assistant equipment manager Brian "Red" Hamilton. Popovici, a graduate of the University of Washington who plans to attend medical school, was sitting near the Canucks bench on October 23 and, using the notes app on her cell phone, got Hamilton's attention in between periods while he was moving equipment. The note on her phone explained to him that he had a mole on the back of his neck that could be cancerous. After the team returned to Vancouver, Hamilton had team doctors look at the mole. It was removed shortly thereafter and biopsied, according to the *Associated Press*. The biopsy results showed that the mole did have cancerous cells. Doctors told Hamilton that the situation could have become "life-threatening" if it wasn't caught as early as it was. Hamilton never got the name of the fan who spotted the mole, so the Canucks tweeted a letter from the manager to try and find this hero. The tweet worked and the 22-year-old was identified and Hamilton had the chance to tell her she saved his life. The Kraken and Canucks donated \$10,000 towards Popovici's medical education as a token of their collective appreciation." Classy. If you see something, say something and stay safe.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments to press@islandsunnews.com.

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From page 1
Exhibit

It is her hope that her sculpture evolves emotions and projects the victory of the spirit... untamed.

See how the artwork of these two artists work together to explore what it is to be human, a state of being.

Admission is free, but donations are welcome. Memberships and donations enables the Alliance to present exhibitions and programs. Face masks are recommended.

Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, visit www.artinlee/event/being.

SPORTS QUIZ

1. Name the nonprofit organization that promotes youth football and cheer/dance programs for some 325,000 participants worldwide.
2. What boxer defeated Felix Trinidad Jr. to claim the undisputed middleweight title in a 2001 bout at New York City's Madison Square Garden?
3. "Better to lose honorably in a British car than win in a foreign one" is a quote attributed to what motorsports legend?
4. Cleveland's Major League Baseball team settled a lawsuit over its new Guardians nickname with another Cleveland team that played what sport?
5. What was the original name of the Extreme Football League (X League) women's tackle football association when it was founded in 2009?
6. What outdoor sports television program, produced and hosted by Babe Winkelman, first hit the airwaves in 1980?
7. The Omloop Het Nieuwsblad is a road cycling race held annually in February in what country?

ANSWERS

1. Pop Warner Little Scholars. 2. Bernard Hopkins. 3. Sir Stirling Moss. 4. Roller derby. 5. The Lingerie Football League. 6. Good Fishing. 7. Belgium.

Doctor and Dietician

Health Benefits
Of Yellow

by Ross Hauser, MD
and Marion Hauser, MS, RD

As most of our readers, friends, co-workers, and family know, Dr. Hauser loves yellow. You may wonder how he came to love yellow. Just like any other Midwesterner, he used to wear beige, brown, black, hunter green, gray and burgundy. Then he registered for his first Ironman triathlon. With that came the purchase of lots of gear. Running gear. Cycling gear. Swimming gear. Because of the need for gear, he decided he needed a theme – thus started the yellow obsession. Once he bought a yellow cycling shirt, then you need matching gloves and even a bicycle. Now he wears yellow glasses, has a yellow office, yellow couch... well, you get the picture. What you may be unaware of are the many benefits of the color yellow. Here are a few:

When people see yellow, they typically think of summer, sunshine, warmth, the beach and happiness. It sounds like yellow should be the official color of Southwest Florida or Sanibel. It is associated with brightness and thus, in many cultures, it signifies knowledge and wisdom. When children are around, typically yellow is not far behind. Children love bright colors such as blue, pink and yellow and do not typically choose grays and browns. Unfortunately, only six percent of westerners state yellow is their favorite color compared with 45 percent who choose the color blue.

Color is the language of the soul. Yellow is a bright and cheerful color. It makes people smile. It is also a color

designed to attract attention and bring optimism and pleasure. When Dr. Hauser walks into a patient exam room decked out in yellow – you know, yellow glasses, yellow scrubs, yellow shoes and even yellow underwear – people smile. Colors inspire people. Yellow is the color of the sun. It exudes life, energy and vitality. Yellow has been known to awaken inspiration and strengthen the nerves.

Yellow can also help stimulate intelligence and detoxify the body and mind to heal more quickly. According to research, it is the color of cheerfulness, curiosity, flexibility, progress, amusement and communication. It is the foundation of courage. Therefore, it was a great color choice for Dr. Hauser's ironman triathlons, don't you agree?

Yellow painted on the walls makes a room feel warmer than a room painted white. A lamp with yellow light seems more natural than a lamp with white light. As the color of light, yellow is also associated with knowledge and wisdom in many cultures. In many European universities, yellow caps and gowns are worn by members of the physical and natural sciences faculty, as yellow is the color of reason and research. How fitting.

And, of course, we cannot go without mentioning the health benefits of yellow foods. One birthday, we had a yellow food party for Dr. Hauser. Of course, right? Yellow foods such as banana, lemons, mango, peppers, eggs, pineapple, starfruit, yellow beets, carrots, butternut squash, sweet potatoes, to name a few – all contain vitamins, minerals and fiber, plus carotenoids (where the yellow color comes from) that help maintain good health, including avoiding heart disease, improving digestion and immune function, as well as healthy skin, vision, bones and teeth.

Next time you are choosing a new article of clothing or are painting a room in your house, you may want to consider choosing yellow. Of course, eating yellow foods are definitely good for the body too.

*This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@caringmedical.com.**

dearRPharmacist

Home Remedies
Are Handy
Right Now

by Suzy
Cohen, RPh

Dear Readers:

As more and more people come down with ailments in their body, they are seeking complimentary ways to treat

themselves in order to avoid the hospital. Fears surrounding the coronavirus have made at-home treatments more attractive and widely sought over the past year.

Today's article will deal with a variety of home remedies. I do want to caution you that I'm not a medical doctor and that you should seek medical attention if your symptoms are serious. In the meantime, here are the best home remedies that are handy:

Chicken Legs with Skin – It's a well-known fact that if you're sick you sometimes feel better with some chicken broth. Vegetarians can make vegetable broth. There's no MSG in your homemade broth, and it's instantly soothing! Just simmer the legs in pure water with some carrots, celery, garlic and onion. Speaking of garlic...

Garlic – Garlic is best known for its beneficial impact on heart disease, specifically in lowering blood pressure and LDL levels. Emerging studies on viral replication and healing times are proving that allicin (found in garlic) can have a positive effect.

Ginger – This is excellent if you feel queasy or nauseous. This can occur from food poisoning, which is going around rampantly. Ginger exerts a positive effect on cytokine balance and oxidative stress. It can down-regulate pro-inflammatory pain cytokines.

Cayenne – It's a true story that if you dab your finger into some cayenne pepper, the bleeding will stop pretty instantly. Keep it handy in your spice cabinet.

Nano Ionic Facial Steamer – These work well if your nose is stuffed up or you have allergies. They're also nice if you have an itchy, scratchy throat from post-nasal drip. Even the CDC recommends humidifiers for respiratory problems now. Sold online and at pharmacies nationwide.

OTC Medications – In terms of home remedies, you should keep a supply of some over-the-counter medications like a fever reducer, throat lozenges, cough syrup, antihistamines and a nasal decongestant spray.

There are other home remedies and spices that you probably have in your home right now which I didn't cover. I love the useful, inexpensive ways we can tackle discomfort and I've written a book about herbs that have centuries of use. You can now download your own free copy of my ebook at www.store.suzycohen.com/herbs regarding *Medicinal Herbs from the Bible*.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.**

Health And
Wellness Expo
At Rec Center

Lee County Parks & Recreation is partnering with Lee Health to host the Health and Wellness Expo at the North Fort Myers Recreation Center on Tuesday, January 25 from 10 a.m. to noon.

Vendor booths from Lee County health and wellness businesses will be set up in the center. Health education and screenings will be provided by the Lee Health Outreach Team. There will be an opportunity to donate blood at the Lee Health Blood Mobile.

This free event is designed for residents and visitors to meet with local agencies to learn how to live a healthier lifestyle.

The North Fort Myers Recreation Center is located at 2000 North Recreation Park Way in North Fort Myers. For more information, visit www.leeparks.org or call 533-7200.*

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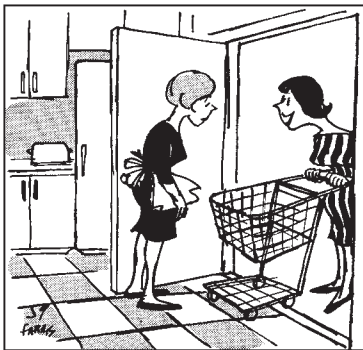


Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500
ARTS	
Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Harmonica Band	610-653-7940
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321
CLUBS & ORGANIZATIONS	
American Legion Post #38	239-332-1853
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	https://www.audubonswfl.org/
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Chorale Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900
AREA ATTRACTIONS	
Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

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press@islandsunnews.com

PUZZLES

Answers on page 23



"May I _____ a few things?"

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Escort
DAGUR

Wander
BLAME

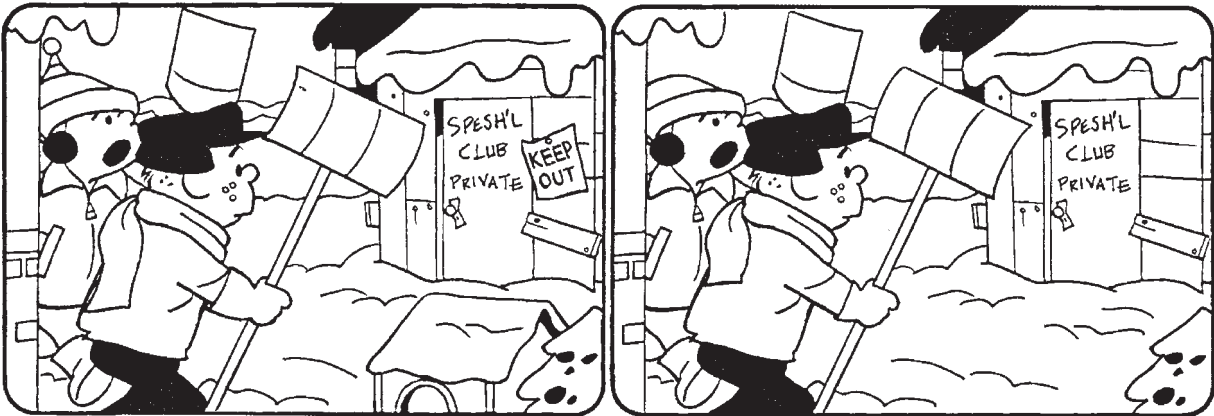
Sway
WROPE

Creak
ARGON

TODAY'S WORD

HOCUS-FOCUS

BY
HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Cap is different. 2. Scarf is shorter. 3. Sign is missing. 4. Shovel is turned. 5. Doghouse is missing. 6. Sign is missing.

5				1			7	
	9				5	1		
		4	6			8		3
7					3		8	
	1	6	4					7
	8			2		4		
4			8		9			2
	2		5				3	
		1		7		9		

To Play
Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

PUZZLES

Answers on page 23

Super Crossword

ACORN-STASHING
IN THE SKY

- ACROSS
- 1 Exchanges for paper money

7 Takes too much, briefly

10 Gp. concerned with birdies

13 Liquid detergent quantity

19 Opere — (in the work already mentioned)

20 International news agency

22 Relaxed

23 "First Blood" actor Richard

24 Pilot Amelia

25 Like magma

26 Start of a riddle

29 930-mile-long Russian river

30 Politico Trent

31 Raw rock

32 Lakers' org.

35 Riddle, part 2

43 Styled like

44 Heir, often

45 Be a rambler

46 "I smell —!"

47 Defunct Russ. state

48 Riddle, part 3

55 Airline seat pull-down

57 Dir. from N.M. to Ky.

58 "Play it by ear," e.g.

59 Orem's state

61 Google program for targeted promotions

65 Brother of DDE's follower

66 Big tub

69 Riddle, part 4

74 Facial blinker

75 Caviar base

76 Manors

77 Oklahoma city

78 Livid

80 Actor Stephen

81 Basketball tourney org.

83 Riddle, part 5

90 Turner of song

93 Add to the work force

94 Vientiane is its capital

95 No. on a map

96 Liquor choice

97 End of the riddle

105 Prefix with 17-Down

106 Byrnes who was "Kookie"

107 Wayward GI

108 Family mem.

109 Riddle's answer

117 Mitchell of NBC News

120 Not yet encrypted

121 Is entirely unacceptable

122 Disclose

123 List the particulars of

124 Coop up

125 Officers-to-be

126 Tutu-wearing Muppet

127 D.C. bigwig

128 "— Fideles" (carol)

DOWN

1 Roman 301

2 Plane wings, e.g.

3 Raw beef dish

4 Disney's Montana

5 Tall Sicilian volcano

6 Fly high

7 Chocolate cookie-flavored Post cereal

8 Shortage

9 Guarantee

10 Bell's ring

11 Mutt's noise

12 Concerning

13 SLR, say

14 Makes amends

15 Animal hide

16 Jack Sprat's no-no

17 Function

18 Writer Deighton

21 Jennifer Lopez's "J to — L-O!"

27 Dull

28 Homer Simpson's outburst

32 Cruel Roman emperor

33 Male lover

34 Echidnas eat them

35 Once existed

36 Totally lost

37 Squarish, as a vehicle

38 Four minus one, in Italy

39 Gmail rival

40 Trailing plant

41 — Strauss

42 Wizard of Oz creator

49 Work over

50 Happen next

51 Comes upon

52 "Luther" star

53 Repeated jazz phrase

54 Smoker's puff

56 Pi-sigma link

59 Sport- — (off-roader)

60 Your, biblically

61 "Billy, Don't Be —" (1974 hit song)

62 Insect egg

63 Beginning

64 Lauder of makeup

66 Seasoned, oily salad dressings

67 French buddy

68 Turner of TV

70 Big coffee dispensers

71 Vincent van —

72 Incline

73 Coffee alternative

78 Suited to —

79 Christmas

81 Court barriers

82 Flight staffers

83 Punch sound

84 Old LP player

85 Crafts' partner

86 Not stringent

87 Lead-in to "And how!"

88 Suffix with lobby

89 High-pitched warble

91 Nailed the performance

92 Opposite of 63-Down

98 Nuke, as leftovers

99 Standards

100 NFL six-pointers

101 Legendary Manhattan restaurant

102 Pluck, as brows

103 "Stalag 17" star William

104 With 109-Down, part of a Florida orchard

109 See 104-Down

110 Mini-exam

111 A law — itself

112 Slush Puppie alternative

113 CD- —

114 Female youth org.

115 Incite

116 Subjective loudness unit

117 Circle bit

118 Org. concerned with the three R's

119 Burnable storage device

King Crossword

- ACROSS
- 1 Biting remark

5 Spheres

9 Victory

12 Skin care brand

13 Joel or Ethan of Hollywood

14 Parisian pal

15 Hourly pay

16 Batman's hood

17 Beer container

18 Rebuff

19 Acting coach Hagen

20 Crazy

21 Actor Brynner

23 Old Olds

25 Mourn

28 Hit song by the Oak Ridge Boys

32 Grown-up

33 Snake poison

34 Autobiography

36 Herbal tea

37 Geese formation

38 Computer key

39 Lose color

42 TiVo precursor

44 Idle or Clapton

48 Khan title

49 Close

50 Handle

51 Dict. info

52 Adriatic port

53 Author Hunter

54 Bygone jet

55 Staff leader?

56 Faxed

7 Caveat word

8 NBC sketch show

9 Texas city

10 Apple computer

11 Boy, in Barcelona

20 Features of romantic comedies

22 Loosen

24 Graceland idol

25 Felon's flight

26 Citric beverage

27 Silent

29 Pig-poke link

30 Director Howard

31 Soul, to Sartre

35 Disclose

36 "Fabi"

39 Crazes

40 Mellows

41 Loony

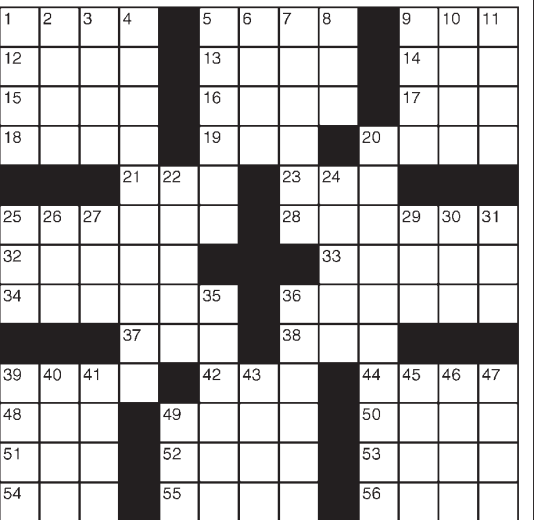
43 Give a darn

45 Carry on

46 One-named supermodel

47 Penny

49 "The Voice" network



MAGIC MAZE ● "THE SOUND OF MUSIC"

R B Y V S P M J H E B Y V T Q
O E L I T G D B Y W T R P M K
I A L F D R A B Y W U S S Q O
M M T L A K U I F D B S Z X W
U S U T E Q S K Z M E O N L J
X H R S I Z T F A N D F C A L
Y A W V I G R R O S A T L S T
M Q M P H C I R D E I R F O E
N L K I H A A R E F E U F C R
B Z Y W V B U L B H G R O E G
S R Q P N M L J I L S E I L H

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: PLAYED BY JULIE ANDREWS

Austria
Baroness
Brigitta
Franz

Friedrich
Georg
Gretl
Herr Zeller

Kurt
Liesl
Louisa
Marta

Max
Musical
Rolf



Lemon and Herb Baked Mullet



Lemon and Herb Baked Mullet

- 4 (6 ounce) Mullet fillets
- ½ cup bell pepper, diced small
- ½ cup dry white wine
- 1 lemon, thinly sliced
- 3 tablespoons fresh lemon juice
- 2 tablespoons fresh parsley, chopped
- fine
- ½ teaspoon fresh basil, chopped fine
- 1 teaspoon fresh rosemary, chopped
- fine

photo courtesy Fresh From Florida

1 teaspoon fresh thyme, chopped fine
½ onion, thinly sliced
Sea salt and fresh ground pepper, to taste
Preheat the oven to 350 degrees. Chop all of the fresh herbs and combine into a small bowl (reserve one tablespoon for garnish). Season both sides of the fillets with salt and pepper. Place the fillets in a single layer into a buttered or greased baking dish, and drizzle with olive oil and lemon juice. Add the fresh herbs, thinly sliced onion, diced red pepper, and lemon slices on top of each fillet. Drizzle with the white wine, and bake for 25 to 30 minutes or until the fish flakes easily with a fork. Sprinkle with the reserved fresh herbs and serve warm.*

My Stars ★★★★★
FOR WEEK OF JANUARY 10, 2022

Aries (March 21 to April 19) A hectic period begins to wind down. Take time to draw some deep breaths and relax before getting into your next project. A long-absent family member makes contact.

Taurus (April 20 to May 20) You're eager to move forward with a new challenge that suddenly dropped in your lap. But you'd be wise to take this one step at a time to allow new developments to come through.

Gemini (May 21 to June 20) You're almost ready to make a commitment. A lingering doubt or two, however, should be resolved before you move ahead. An associate could provide important answers.

Cancer (June 21 to July 22) Caution is still the watchword as you move closer toward a decision about a new situation. If you act too fast, you might miss some vital warning signs. Go slowly and stay alert.

Leo (July 23 to August 22) Your new goal looks promising, and your golden touch does much to enhance its

prospects for success. In your private life, Cupid does his best to make your new relationship special.

Virgo (August 23 to September 22) That impatient side of yours is looking to goad you into moving before you're ready to take that big step. Stay calm and cool. Let things fall into place before you act.

Libra (September 23 to October 22) A legal matter you hoped could finally be settled could be a pesky problem for a while, until all the parties agree to stop disagreeing with each other. Be patient.

Scorpio (October 23 to November 21) Partnerships – personal or professional – which began before the new year take on new importance. They also reveal some previously hidden risks. So be warned.

Sagittarius (November 22 to December 21) Your associates are firmly on your side, and that persistent problem that has caused you to delay some activities should soon be resolved to your satisfaction.

Capricorn (December 22 to January 19) Favorable changes continue to dominate, and you should be responding positively as they emerge.

PETS OF THE WEEK



Isaac ID# A887545 photos provided
Lee County Domestic Animal Services

Isaac And
Destiny

Hello, my name is Isaac. I'm a black 3-year-old male terrier mix. I'm currently hanging out in foster care with two volunteers, and they say I'm a pretty versatile guy. I'm well-mannered, potty-trained and mostly on the chill side at their house (though I still love to play). I've also been a rock star in public settings like downtown Fort Myers. I've walked politely through the outdoor restaurant areas and have been non-reactive to other dogs I've encountered. I'm social and friendly when meeting new people. Call or message the Friends of Lee County Domestic Animal Services Facebook page to set up a meet and greet with me. My



Destiny ID# A899997
adoption fee is \$25.

Hi, my name is Destiny. I'm a brown 2-year-old female pit bull mix. I'm a short, stacked gal who is a mix between a basset hound and a pit bull – a passet hound? I'm absolutely adorable, and I definitely know it. Show me a tennis ball and I will bounce down, get ready for you to throw it and then laugh when you do because I'm not going to chase it. Adopt this cutie and you will have hours of fun and love. My adoption fee is \$25.

Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.*

Someone wants to become more involved in what you're doing.

Aquarius (January 20 to February 18) A friend wants to share a secret that could answer some questions you've wondered about for a long time. Meanwhile, travel aspects continue to be strong.

Pisces (February 19 to March 20) Stay on your new course despite so-called well-meaning efforts to discourage you. Rely on your deep sense of self-awareness to guide you to do what's right for you.

Born This Week: You have the capacity to meet challenges that others might find overwhelming, and turn them into successful ventures.

MOMENTS IN TIME

- On January 22, 1779, famed Tory outlaw Claudius Smith meets his end on the gallows in Goshen, New York. Nicknamed the "Cowboy of the Ramapos" for his use of guerrilla tactics against Patriot civilians, legend has it that Smith's skull was filled with mortar and included in the edifice of the Goshen Court House.
- On January 21, 1789, *The Power of Sympathy or the Triumph of Nature*

Founded in Truth is printed in Boston, the first novel by an American writer to be published in America. Early editions did not carry the author's name, but a later printing credited Sarah Wentworth Apthorp Morton.

- On January 23, 1855, John Moses Browning, sometimes referred to as the "father of modern firearms," is born in Ogden, Utah. Many of the guns whose names evoke the history of the American West – Winchester, Colt, Remington and Savage – were based on Browning's designs.
- On January 17, 1953, a prototype Chevrolet Corvette sports car makes its debut at General Motors' Motorama auto show at the Waldorf-Astoria Hotel in New York City. The Corvette was named for a fast type of naval warship.
- On January 19, 1977, President Gerald Ford pardons Tokyo Rose, a Japanese-American woman named Iva Toguri, who broadcast Axis propaganda over the radio to Allied troops during World War II.
- On January 20, 1980, President Jimmy Carter proposes to the United States Olympic Committee that the 1980 Summer Olympics be moved

continued on page 22



FRIDAY
Mostly Cloudy
High: 70 Low: 55



SATURDAY
Partly Cloudy
High: 67 Low: 54



SUNDAY
Mostly Cloudy
High: 62 Low: 47



MONDAY
Mostly Sunny
High: 63 Low: 50



TUESDAY
Partly Cloudy
High: 65 Low: 49



WEDNESDAY
Cloudy
High: 69 Low: 56



THURSDAY
Cloudy
High: 70 Low: 55

Redfish Pass Tides

Day	High	Low	High	Low
Fri	9:55 pm	5:19 am	None	None
Sat	10:37 pm	6:00 am	None	None
Sun	11:18 pm	6:38 am	None	None
Mon	3:12 pm	7:12 am	11:58 pm	5:08 pm
Tue	3:22 pm	7:45 am	None	5:53 pm
Wed	12:39 am	8:15 am	3:31 pm	6:43 pm
Thu	1:21 am	8:45 am	3:45 pm	7:36 pm

Point Ybel Tides

Day	High	Low	High	Low
Fri	9:00 pm	5:21 am	None	None
Sat	9:42 pm	6:02 am	None	None
Sun	10:23 pm	6:40 am	None	None
Mon	2:17 pm	7:14 am	11:03 pm	5:10 pm
Tue	2:27 pm	7:47 am	11:44 pm	5:55 pm
Wed	2:36 pm	8:17 am	None	6:45 pm
Thu	12:26 am	8:47 am	2:50 pm	7:38 pm

Punta Rassa Tides

Day	High	Low	High	Low
Fri	11:44 am	5:00 am	10:28 pm	4:23 pm
Sat	12:13 pm	5:45 am	11:07 pm	5:01 pm
Sun	12:43 pm	6:27 am	11:36 pm	5:33 pm
Mon	1:18 pm	7:07 am	None	6:02 pm
Tue	12:00 am	7:46 am	1:58 pm	6:36 pm
Wed	12:22 am	8:22 am	2:42 pm	7:20 pm
Thu	12:51 am	8:55 am	3:24 pm	8:12 pm

Cape Coral Bridge Tides

Day	High	Low	High	Low
Fri	None	8:35 am	None	None
Sat	12:05 am	9:16 am	None	None
Sun	12:47 am	9:54 am	None	None
Mon	1:28 am	10:28 am	5:22 pm	8:24 pm
Tue	2:08 am	11:01 am	5:32 pm	9:09 pm
Wed	2:49 am	11:31 am	5:41 pm	9:59 pm
Thu	3:31 am	12:01 pm	5:55 pm	10:52 pm

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Apply For Student Scholarships

After completing the Free Application for Federal Student Aid (FAFSA), students can take other steps to ensure they receive as much money for college as possible, according to Kentucky Higher Education Assistance Authority (KHEAA).

Submitting the FAFSA is especially important for students who are expecting to receive financial aid from programs with limited funds or with early deadlines.

In the meantime, students should apply for as many scholarships as they can. Thousands of scholarships are offered by schools, companies and other organizations.

Once students submit the FAFSA, it will take several days for the application to be processed.

Students will receive a Student Aid Report (SAR) that recaps the information from their FAFSA. Students should review the SAR to ensure the information is complete and accurate. If they need to make changes, they can do so at www.studentaid.gov under Apply for Aid.

The SAR will also be sent to each college student list on the FAFSA. Students should check with the financial aid offices at the schools to which they've applied to make sure the SAR was received and if the school requires more paperwork.

Students should also contact schools if their family's situation changes in a major way after completing the FAFSA. They may be able to request a review

from the school to see if they may qualify for more funds.

For more information, visit www.advantageeducationloan.com.✴

From page 20

Moments In Time

from Moscow if the Soviet Union failed to withdraw its troops from Afghanistan. The USOC later voted to boycott the Moscow games.

• On January 18, 1996, Major League Baseball owners unanimously approve interleague play for the 1997 season. The owners' vote, which called for each team to play 15 or 16 interleague games, broke a 126-year tradition of teams playing only within their league during the regular season.

NOW HERE'S A TIP

• Generally, for every degree you lower your thermostat during heating season, you reduce your energy costs by three percent.

• Just in time for soup season (and my new year's resolutions), here's a great fat swap: Drain and rinse two cups of white beans and puree with a cup of no-sodium vegetable broth. You can use this as a thickener in place of heavy cream for soups and stews. – JoAnn

• To keep snow off your windshield, use a flannel-backed tablecloth stretched to cover both windshield and wipers. Put it flannel-side to the glass. Then you'll be able to lift it (and the snow) off your windshield to drive.

• Wondering what winter fruits and vegetables are in season? Here's a sampling: apples, dates and pears, as well as citrus, like grapefruit, oranges

and tangerines. For vegetables, consider endive, bok choy, Brussels sprouts, kale, leeks, mushrooms, parsnips, radicchio, rutabagas, sweet potatoes, turnips, yams and winter squash.

• "Want to keep your pants from creasing on the hanger? Grab an empty paper-towel tube and slit it down the side. When you slip it over the bottom of the hanger, it creates a wide curve for the pants to lie across, and no more crease!" – MU in Colorado

• Remember that as temperatures drop and layers of clothing increase, children in a car seat need special consideration. Remove heavy coats before strapping in a small child or baby. Winter wear can compress during an accident, and it interferes with the straps.

STRANGE BUT TRUE

• At the height of their fashion craze in the 1580s and '90s, neck ruffs could include up to six yards of starched-stiff material with up to 600 pleats, supported by a wire, wooden frame or board.

• In 2017, while on a plane, a woman used her sleeping husband's thumb to unlock his phone, thereby discovering he was cheating on her. She reportedly reacted with "such a ruckus" that the flight was forced to make an unscheduled landing in India.

• Starfish don't have blood. They circulate nutrients by using seawater in their vascular system.

• The first baseball caps were made from straw and worn by the New York Knickerbockers in 1849.

• After the *Titanic* sank in 1912, ships sent to recover the dead ran out

of embalming supplies. It was decided to preserve only the bodies of first-class passengers, due to the need to visually identify wealthy men in order to resolve disputes over their estates.

• Between 1848 and 1850, the Gold Rush caused the population of San Francisco to grow from 900 to 35,000 people.

• A mother black lace-weaver spider will drum on her web to call her babies to come and eat her alive.

• In medieval times, fruit and vegetables were cooked because they were thought to cause disease, with a book from 1500 even warning consumers to "Beware of green salads and raw fruits, for they will make your master sick."

• Credito Emiliano, a bank in Italy, accepts Parmigiano-Reggiano cheese as collateral for small business loans, holding the cheese as insurance and aging it in climate-controlled vaults for the loan's duration.

• A man literally died laughing while watching the movie *A Fish Called Wanda*.

THOUGHT FOR THE DAY

"Not all paths offer a vista. But every path offers a lesson." – Toni Sorenson

TRIVIA TEST

1. **Geography:** Which Russian city used to be called Leningrad?
2. **Science:** What is the coldest city in the northern hemisphere?
3. **Language:** What does the Latin phrase "persona non grata" mean?
4. **U.S. States:** Which state's flag is the only one currently that is two-sided?

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1/14 ✴ 1/21

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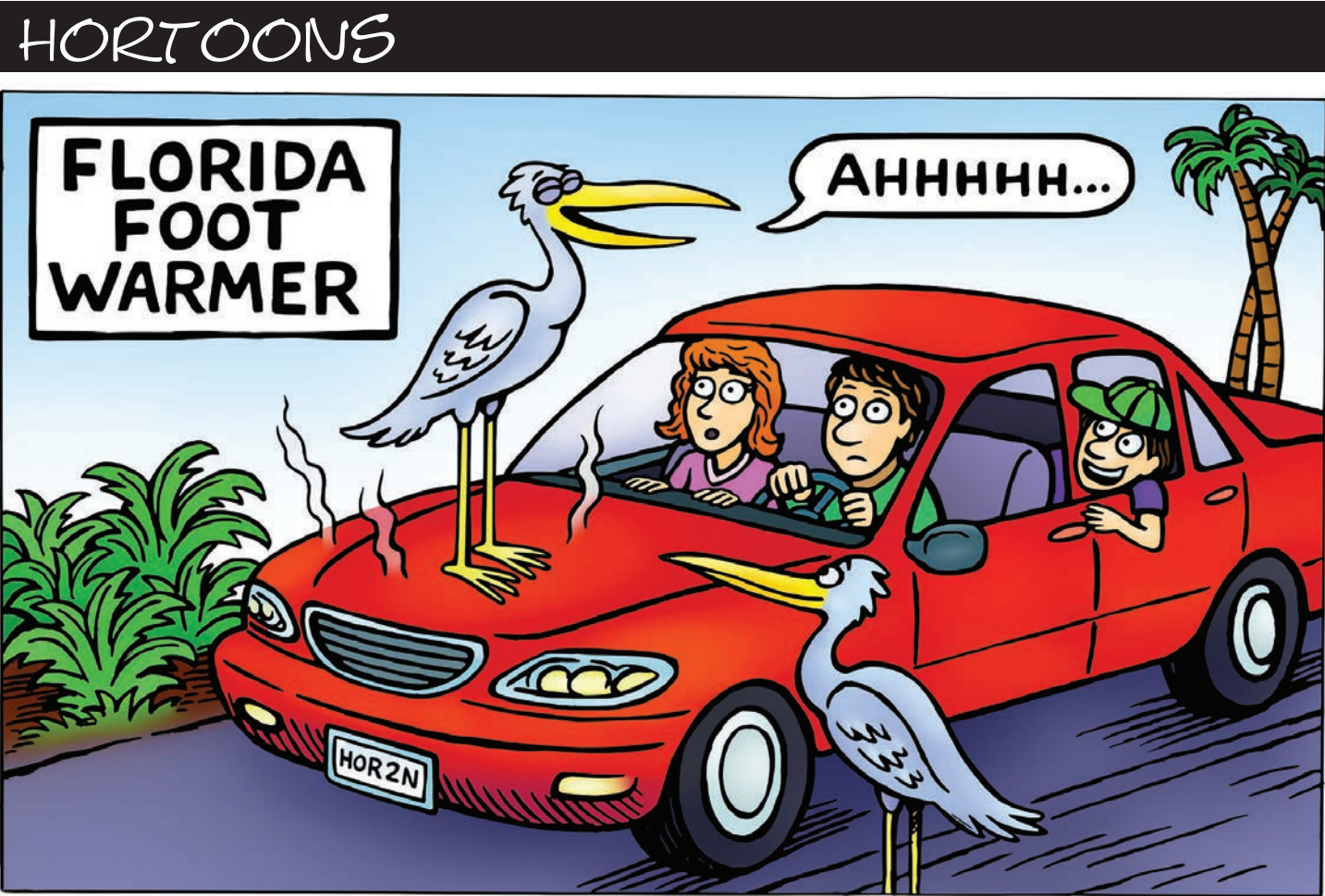
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11/19 ✴ TFN

- 5. **General Knowledge:** What was the first animal to appear on a U.S. coin?
- 6. **Food & Drink:** How many herbs and spices are in the original recipe of Kentucky Fried Chicken?
- 7. **Movies:** How many movies did Ginger Rogers and Fred Astaire make together?
- 8. **Literary:** In the *Harry Potter* book series, what are NEWTs?
- 9. **Television:** How many children were in *The Addams Family* sitcom?
- 10. **History:** In what year was the first email sent?



TRIVIA ANSWERS

1. St. Petersburg 2. Oymyakon, Russia 3. An unwelcome person 4. Oregon (state seal on one side and a figure of a beaver on the other side) 5. An eagle 6. 11 7. 10 8. Critical examinations (Nastily Exhausting Wizarding Test) 9. Two: Wednesday and Pugsley 10. 1971

SCRAMBLERS ANSWER

1. Guard 2. Amble;
3. Power; 4. Groan
Today's Word
BORROW

PUZZLE ANSWERS

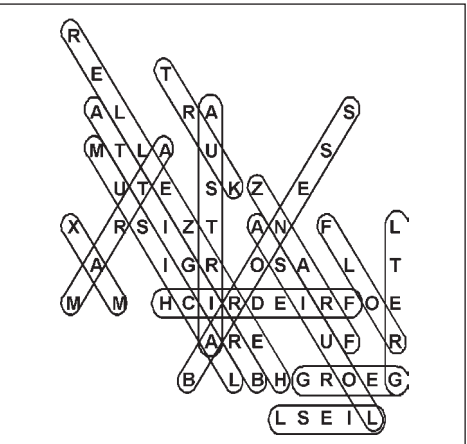
SUPER CROSSWORD

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KING CROSSWORD

B	A	R	B		O	R	B	S		W	I	N	
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MAGIC MAZE



SUDOKU

5	6	8	3	1	4	2	7	9
2	9	3	7	8	5	1	6	4
1	7	4	6	9	2	8	5	3
7	4	2	9	6	3	5	8	1
9	1	6	4	5	8	3	2	7
3	8	5	1	2	7	4	9	6
4	5	7	8	3	9	6	1	2
6	2	9	5	4	1	7	3	8
8	3	1	2	7	6	9	4	5

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Cape Harbour	Cape Coral	2017	4,738	\$2,960,000	\$2,900,000	0
Mcphie Park	Fort Myers Beach	1977	1,536	\$2,599,000	\$2,450,000	63
Bellagio At The Colony	Estero	2004	4,432	\$2,500,000	\$2,325,000	26
Shell Harbor	Sanibel	1996	3,319	\$2,295,000	\$2,295,000	0
Hills TP	Fort Myers Beach	1959	2,845	\$1,899,000	\$2,200,000	6
Esplanade Lake Club	Fort Myers	2021	3,299	\$2,199,999	\$2,199,999	41
Beachview Country Club Estates	Sanibel	2002	4,145	\$2,295,000	\$2,145,000	16
Longlake	Bonita Springs	1996	3,144	\$1,799,000	\$1,749,000	5
Sanctuary	Bonita Springs	2002	3,233	\$1,500,000	\$1,727,300	2
Tarpon Estates	Cape Coral	2006	3,348	\$1,600,000	\$1,600,000	32



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